

<p><b>IFNA Minutes</b> <b>Board of Directors</b></p> <p><b>Conference Call</b> <b>July 11, 2024</b> <b>7:00am – 9:00am EST</b></p>	
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**The Mission of the International Family Nursing Association (IFNA) is to Transform Family Health by:**

1. Serving as a unifying force and voice for family nursing globally;
2. Sharing knowledge, practices, and skills to enhance and nurture family nursing practice; and,
3. Providing family nursing leadership through education, research, scholarship, socialization and collegial exchange on all aspects of family nursing.

**Core Values:**

The International Family Nursing Association embraces a compassionate family focus on health, social justice, human dignity and respect for all.

Attendees: (Board Members n-11, Quorum n-6)	June Horowitz, Teresa Gutiérrez-Alemán, Lindsay Smith, Elisabeth Coyne, Karyn Roberts, Kristen Abbott-Anderson, Suja Somanadhan, Debbie Sheppard-LeMoine Staff: Debbie Zaparoni
Unable to Attend:	Petra Brysiewicz, Junko Honda,
Guests:	
Minutes compiled by:	Elisabeth Coyne

Agenda Topic: 0705 - 0710	<b>Welcome / Introduction to Debbie Sheppard-LeMoine as new member of the Board</b> Debbie Sheppard-LeMoine from Canada shared her research and how she first presented at a IFNA conference and the lasting effect this had on her as an early career researcher.
Discussion	

Agenda Topic: 0710 - 0715	<b>Approval of prior minutes (June Horowitz)</b> <b>(Attachment)</b>
Motion to Approve	June Minutes, several corrections related to wording of sentences for clarity.  Karyn Roberts made a motion to accept the minutes as corrected during the meeting. Motion was seconded by Teresa Gutiérrez-Alemán. Board voted; minutes were accepted as corrected.  Three abstentions Suja Somanadhan, Kristen Abbott-Anderson, Debbie Sheppard-LeMoine who were not at the June meeting.

Agenda Topic: 0715 - 0725	<b>Financial Report (Suja Somanadhan)</b> <b>(Attachment)</b>
	June Financials Income was \$1,525.00. Expenses were \$8,174.15. For a Loss of -\$6,649.15.  Despite the expected loss during this non-conference year, the bank account remains healthy.
Discussion	

Agenda Topic: 0725 - 0745	<b>What is Family Nursing?</b>
Discussion	Is it feasible, is it necessary to determine an Association wide-statement. A few different

groups have done work on this and/or included it in IFNA material.

### **RAC statement**

Family Nursing...What is It?

Family nursing is the application of evidence-based knowledge and practice expertise to promote the health of families and family members across the lifespan and practice settings taking into account how social determinants of health influence and are influenced by families.

### **Refugee Family Health Position Statement**

Family nursing is the integration of nursing care to the family as a whole and individual family members, with attention to relationships among members (Denham, 2003; Friedman et al., 2003; Shajani and Snell, 2023). Family health incorporates the health of the collective and the interaction of the health of the individual with the collective and reflects an interaction of biopsychosocial and contextual phenomena (IFNA, 2015). Global health is a complex concept that encompasses multiple themes focusing on improving human health worldwide according to the Global Advisory Panel on the Future of Nursing (Wilson et al., 2016).

### **ChatGPT**

What is Family Nursing?

Family Nursing is a specialized area of nursing practice that focuses on the health and well-being of families as a unit, as well as their individual members. This approach considers the family as the primary context for health care and emphasizes the interconnectedness of family members in health and illness.

Key aspects of Family Nursing include:

1. **Holistic Approach:** Family nursing addresses the physical, emotional, social, and spiritual needs of all family members. It recognizes that the health of one family member affects the entire family.
2. **Family Dynamics and Functioning:** Family nurses assess and intervene in family dynamics, roles, communication patterns, and coping strategies. Understanding these dynamics helps in creating effective care plans that support the family's health.
3. **Health Promotion and Disease Prevention:** Family nurses work with families to promote healthy lifestyles, prevent diseases, and manage chronic conditions. They provide education, resources, and support to help families maintain and improve their health.
4. **Cultural Competence:** Family nurses are trained to understand and respect the cultural, social, and economic backgrounds of the families they serve. This cultural sensitivity ensures that care is appropriate and effective.
5. **Collaboration and Advocacy:** Family nurses collaborate with other healthcare professionals, community resources, and support networks to provide comprehensive care. They advocate for the needs and rights of families within the healthcare system.
6. **Life Span Perspective:** Family nursing care spans all stages of life, from prenatal and pediatric care to geriatric care. It addresses the changing health needs of families over time and through different life transitions.

Family Nursing aims to empower families to manage their health, navigate the healthcare system, and achieve optimal well-being. It is a vital practice area that contributes to the overall health and resilience of communities.

### **Board discussion.**

A group within IFNA had done a research project and presented this at the 2013 conference. Suja Somanadhan suggested how doing a scoping review may be a good way to understand family nursing international.

Teresa Gutiérrez-Alemán shared how a research project to identify what family nursing is would be good and maybe a letter of intent for the funding MNSU – Global Initiatives Fund would be a way to get funds. Important to understand what the literature says.

Debbie Sheppard-LeMoine discussed how an inclusive definition would be useful when sharing with different nursing groups.

Suja Somanadhan highlighted that there seems to be two aspects of the definition, what

	<p>experts say and what the literature says.  Kristen Abbott-Anderson agreed with the discussion and added their would be different aspects across countries.  Lindsay Smith noted that if the board was funded then would this be seen as a conflict of interest for the board to submit an Letter of Intent (LOI). This was met with different opinions across the board. Suja Somanadhan felt that the board submitting an LOI would be fine.  <u>June Horowitz action plan</u>- follow up with Sonja Meiers as to the progress and outcomes of their research work and if they were interested in working with the board on furthering their work. Scoping review to inform definition of family nursing and submit an LOI for the funding.</p>
Person Responsible	June Horowitz will follow up with Sonja Miers. Letter of intent from the board for the funding to have a paid student as research assistant submitted by Sonja Meiers as main investigator.

Agenda Topic: 0745 - 0800	<b>Board Liaison Roles</b>
Discussion:	<p>Vacancies  IFN Foundation (V. Swallow)  Awards Committee (V. Swallow)  Resource Advancement Committee (L. Young)</p> <p>The Board Liaison role / responsibilities were reviewed:</p> <ol style="list-style-type: none"> <li>1. Attending the meetings of the Committee. If unable to attend, communicate directly with the Committee Chair/Co-Chairs regarding Committee activities and communicate messages and feedback from the Board of Directors. Committees are looking for feedback from the Board of Directors regarding their work.</li> <li>2. Creating a monthly report to the Board of Directors regarding Committee activities, including any questions or concerns raised during Committee meetings. All Liaisons are expected to submit a written report for each Board of Directors meeting at the time of the call for agenda items.</li> <li>3. Informing the Board of Directors when Committees are developing products that may need Board of Directors approval or endorsement prior to official dissemination to the broad IFNA membership. The role of the Liaison is to guide the Committee about consultation with the Board of Directors whenever there are questions regarding the need for Board of Directors approval or endorsement of a product.</li> <li>4. Routine Committee specific activities, such as minutes of meetings, can be submitted to Debbie Zaparoni for posting on the IFNA website without board.</li> </ol> <p>New Board Liaison Assignments  Awards – <b>Karyn Roberts</b>  Bylaws – Lindsay Smith (chair) and Elisabeth Coyne  Communications – Junko Honda  Conference Planning – Petra Brysiewicz  Education – Teresa Gutiérrez-Alemán  Membership – Kristen Abbott-Anderson  Nominating – <b>Elisabeth Coyne</b>  Practice - Petra Brysiewicz and Teresa Gutiérrez-Alemán  Research –Suja Somanadhan and Karyn Roberts  Resource Advancement – <b>Debbie Sheppard-LeMoine / Suja Somanadhan</b>  IFN Foundation –<b>June Horowitz</b></p> <p>Teresa Gutierrez-Aleman noted that there is not a formal board liaison officer for the chapters. This will be reviewed by the Bylaws committee.</p>
Follow up:	Debbie Zaparoni will update the information and invite the new liaison persons to the committees.
Person Responsible:	Debbie Zaparoni

Agenda Topic:	<b>IFN Foundation</b>
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0800 - 0805	
Discussion	Debbie Zaparoni noted no report but the foundation continues to work to find funding sources and have reached out to specific members to invited to the IFN Foundation Board of Trustees.
Person Responsible	Debbie Zaparoni

### 0805 – 0855 – Chapter, Student Engagement Group and Committee Updates / Reports

Chapters	<p><b>Australia New Zealand</b> July Newsletter <a href="#">Go to this Sway</a> July 16<sup>th</sup> Webinar Paediatric</p> <p><b>UK Ireland</b> Suja Somanadhan shared an update related to improving communications within the chapter and increase members.</p> <p><b>Ibero-American Chapter</b> Teresa shared how the chapter was happy with the letter from the board, they are putting in an letter of intent for the MNSU – Global Initiatives Fund and other sources of funding.</p> <p><b>African Chapter</b> No update</p>
Update	

Agenda Topic:	<b>Student Engagement Group Update (Lindsay Smith)</b>
Update	<p>IFNA engagement and support for students <b>can the Board consider</b> a proposal to expand the SEG to a wider focus inclusive of all early career researchers (any stage of early career research, including students or graduates at Honours-post Baccalaureate, Postgraduate) with an appropriate change of name e.g. IFNA (SEG and) Early Career Researcher Group.</p> <p>The idea is to develop a sustainable group with extended membership of ECR. June Horowitz suggested a name change to '<b>Student and ECR engagement group</b>'. Teresa Gutiérrez-Alemán, noted that we maybe should make the group more appealing. Lindsay Smith highlighted that the upcoming mentor roles would work well to support this group.</p>
Action	Lindsay Smith will report to the group that the board supports this idea and suggests the group develop their own new name.

Agenda Topic:	<b>Awards Committee New Liaison person Karyn Roberts</b>
Update	No specific work at this time.

Agenda Topic:	<b>Bylaws Committee (Lindsay Smith / Elisabeth Coyne)</b>
Update	<p>Bylaws document is still under development.</p> <p>Comment from Lindsay Smith asked for a discussion point, is the board large enough with the number of committee and membership. Ideas discussed was to bring on 2 more positions, targeted positions SEG or ECR. Specific board members for the liaison roles. Teresa Gutiérrez-Alemán shared that maybe some one with a financial backing may be good. This point was discussed but not agreed on as Debbie Zaparoni pointed out that KME manages the financial aspect. June Horowitz noted, it would be good to not to be too prescriptive for board members.</p>

Action	Lindsay Smith will follow this up with the committee about increasing the board number.
Agenda Topic:	<b>Communications Committee (Junko Honda)</b>
Update	Continued work on the website redesign project. Working with the Research Committee for ideas for new posts.
Agenda Topic:	<b>Conference Planning Committee (Petra Brysiewicz)</b>
Update	<ul style="list-style-type: none"> <li>• Discussion regarding time to meet to ensure maximum participation</li> <li>• Hybrid and face to face decided re way forward– poster presentation virtually but poster will be available during the conference, with details to ensure engagement. Guidelines for the poster need to be checked carefully. Decided virtual asynchronous programme – will provide recordings of keynote speakers and expert lectures. Recordings available after the meeting. Encourage all speakers to pre-record their presentations.</li> <li>• Country liaison – discussed re countries represented. Discussed how to ensure representatives from all areas, especially where still needed.</li> <li>• RAC (Conference Sponsorship Committee) update: prospectus for the conference, marketing interviews re how best to market this conference to our sponsors, sponsorship</li> <li>• Entertainment etc. discussed.</li> <li>• Workshop to be presented as part of conference fees.</li> <li>• Discussion re panels – academic/professional panel (focusing on strengths from different regions of the world) and then family panel (what helped out etc. and what could we do)</li> <li>• Discussion re conference registration fees – f2f and online</li> </ul>
Agenda Topic:	<b>Education Committee (Teresa Gutiérrez-Alemán)</b>
Update	Education Committee did not meet since the last BOD meeting, therefore, no updates this time.
Agenda Topic:	<b>Membership Committee (Kristen Abbott-Anderson)</b>
Update	Meeting held with the co-chairs and Kathy Knafel who is planning to join the committee. Both co-chairs remain interested in continuing in their chair role. Our discussion included updates and ideas for how to have consistent meetings in the future. The plan will be for the co-chairs to reach out to those members who consistently attended meetings last year to confirm a standing day and time for scheduling meetings that works for the majority. I encouraged the co-chairs to also reach out to former members to invite participation once we have meetings scheduled. Meetings are anticipated to resume in September and occur every other month with consideration for alternating the time to accommodate members not able to attend due to late meeting times in their part of the world.
Action:	
Agenda Topic:	<b>Nominating Committee (Kristen Abbott-Anderson)</b>
Update	No further updates. Work completed for this election term.
Agenda Topic:	<b>Practice Committee (Petra Brysiewicz / Teresa Gutiérrez-Alemán )</b>
Update	Updates and sharing from committee members. Feedback provided re Caring for Refugees position statement – feedback from board given and committee clear re the way forward.

	<p>Updating the position statements – adding information globally</p> <p>Position statement scoping review – update re busy drafting article</p> <p>IFNA Global Family Nursing Initiatives Project: A global shift in understanding family nursing practice – up date given and almost completed collecting stories. Project almost complete and hoping to share with committee soon. Planning to present at next conference.</p> <p>Discussion regarding survey for IFNA members – unclear as to whether this is needed now. To focus on completion of other projects.</p> <p>Discussion re importance of getting all members to be profiled via Communications Committee</p>
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Agenda Topic:	<b>Research Committee (Suja Somanadhan / Karyn Roberts)</b>
Update	<p>The research committee discussed creating a secretary position whose role would be to communicate with members, schedule and attend meetings, create and disseminate minutes to Debbie Zaporoni. This would be an opportunity for someone to be in a leadership role and help the communication flow of this committee. A new subcommittee focused on Genetics/Genomics is starting and led by Ann Johansson with support from Karyn Roberts. An update was given to the members on the content of the website. The remainder of the meeting was a discussion of the mentoring pilot program, which Kim and Cindy presented to the BOD last month. Discussion was fruitful and insight was given from experienced mentors (Valery Toly and Kathy Sawin) regarding things to consider moving forward, how to communicate and structure this pilot moving forward. Specifically input was solicited for 1. the development of a focus group interview guide related to the needs and adaptation of the pilot of early-stage and experienced family researchers. 2. General program logistics i.e. how long (6 or 9 months; frequency &amp; length of sessions; session with mentor-mentee or w the full group or both e.g., What is realistic, feasible, and sustainable), ideas for content (individualized or set curriculum or a combination); pre/post survey (other metrics specific to launching researchers versus launching new grads)</p> <p>The Research Committee suggested and/or requested that the BOD consider submitting a response to this call for information about proposed legislation restructure the National Institutes of Health in the US, and/or provide some guidance direction and/or information sharing with IFNA's membership to submit comments to the call.</p> <p><a href="https://energycommerce.house.gov/posts/chair-rodgers-unveils-framework-for-nih-reform-requests-stakeholder-input?sm_guid=NzU3ODUwfDM0MDE5NTQ4fC0xfHN0ZmVldGhhbUBnbWFpbC5jb218NzA5ODUwNXx8MHwwfDIxOTk5NjczMWw5NTN8MHwwfHw3NTE5OTJ8MA2">https://energycommerce.house.gov/posts/chair-rodgers-unveils-framework-for-nih-reform-requests-stakeholder-input?sm_guid=NzU3ODUwfDM0MDE5NTQ4fC0xfHN0ZmVldGhhbUBnbWFpbC5jb218NzA5ODUwNXx8MHwwfDIxOTk5NjczMWw5NTN8MHwwfHw3NTE5OTJ8MA2</a></p>
Action	<p>June Horowitz suggested an invitation to all members. June Horowitz will write letter for Debbie Zaporoni. The letter will highlight the call for information and comment on the USA funding body.</p>

**Next IFNA Board Meeting**

August 8, 2024 7:00am – 9:00am