

## 2023 IFNA Nomination for a Rising Star Award

I am writing to nominate Teresa Gutiérrez-Alemán, PhD, MSc, RN for the Rising Star in Family Nursing Award as she has demonstrated exceptional early career efforts to advance family nursing through her contributions to the research, implementation and dissemination of family nursing knowledge as a new scholar.

Teresa Graduated in Nursing from the University of Navarra (UNAV), Spain in 2016. After receiving the UNAV Doctoral Thesis Incentive Scholarship, she completed a Master's Degree in Advanced Practice and Management in Nursing in 2017 and a Doctorate in Nursing Sciences in 2022 with the honorary distinction of "International Doctor." In addition, she has complemented her education with specialization courses and seminars in the disciplinary field of family nursing at universities such as Zurich University of Applied Science, Switzerland; Universidad Autónoma de Barcelona, Spain; Universidad de Vitoria, Spain. She also conducted research placements at Columbia University and Minnesota State University (USA).

Her doctoral dissertation “Design of an Educational Program in Family Nursing for Oncology Nurses” is a major contribution to family nursing knowledge translation into family nursing practice and education. It is worth noting that all her research for formal qualification since her Baccalaureate degree has been concerned with aspects of Family Nursing.

I met Teresa Gutiérrez-Alemán during International Family Nursing Conference (IFNC13) in Pamplona, Spain, in 2017, and she joined the IFNA Practice Committee and has since then, been an extremely active and participatory member of this committee. She has led the subcommittee concerned with the dissemination of the IFNA Position Statements with amazing leadership skills. She is also currently leading a project between the IFNA Practice and Education committees namely; A Scoping Review of International Family Nursing Association Position Statements dissemination and influence: Education, Practice, Research, and Policy”. This project is progressing very well and is made up of IFNA members across the world. It will be presented at the upcoming IFNA conference.

Recently, in 2022, she was elected to the IFNA Board of Directors and she was a curricular consultant for the Japanese/American Cultural Exchange: Caring for Aging Family Members in the Community Workshop. The work she performed was highly valued and she was presented with a Certificate of Excellence by the International Family Nursing Foundation in collaboration with the Japanese Association of Researchers in Family Nursing.

She is an early career scholar and central to her research and teaching is the awareness that family nursing/family focused care is essential for the promotion of health and wellbeing individual and families, and she has a goal to advance knowledge about educating nurses to provide best care to families.

She has participated in several research projects funded in competitive public calls, both at international and national level and published five research papers in prestigious indexed international peer -reviewed journals, including two articles published in the Journal of Family Nursing.

Throughout her academic career, she has received various prizes and awards such as the 1<sup>st</sup> "Tomás Belzunegui" Prize for the Best Final Degree Project (Navarra Society of Geriatrics and Gerontology), the 1st "Cátedra María Egea" Prize for the best Poster (University of Navarra), as well as the Sports Talent Award and the Solidarity in Sports Award.

I am therefore nominating Teresa Gutiérrez-Alemán for an IFNA 2023 Rising Star Award as she has displayed exceptional early career efforts to advance Family Nursing. I hope this award will further inspire her development as an emerging family nurse scholar in pursuing knowledge translation of family nursing skills and competences to hospital and community settings.