

July Newsletter Australia and New Zealand Chapter IFNA



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Australian and New Zealand Chapter News

The 16th International Family Nursing Conference was held in Dublin from June 20th till 24th. The AusNZ chapter had eight members attending and presenting at the conference. For this newsletter our students [or graduated students] who attended share their thoughts.

Your first time attending the family nursing conference is very different from any other conference as the **sense of connection** is very strong. The family nursing conference goes across disease and lifespan, allowing researchers and clinicians to share and listen to research and ideas, which although may not be focused on their area the connection to understanding family interaction allows for ideas and inspiration to take home. My first family nursing conference was in Iceland in 2009. **Meeting Lorraine Wright and Janice Bell was inspirational**, and they have been supportive and influenced my research over many years.



Dr Amanda Cole shares her experience of IFNC16

I was privileged to have the opportunity to present my PhD study and findings at the IFNA conference. I feel humbled to have shared my research with others who are passionate to make a difference for families and family nursing in general.

I met many wonderful people, listened to some inspiring and engaging presentations and seminars, and to meet and chat with the 'gurus' in early family research.

The conference had a strong sense of community and was also a fantastic opportunity to discuss ideas and potentially collaborate with others from around the world !

I look forward to the next one !

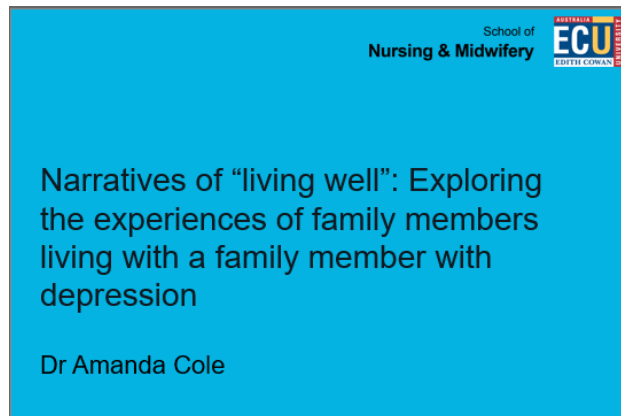
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Dr Israel Gabriel IFNA 16 conference experience

My first impression of the event, as I stood at the registration desk filled with welcome packs and lanyards, was how happy everyone seemed. The wonderful energy, music, and food made me feel welcome and a little relieved that perhaps I was not the only one excited to be in the stunning city of Dublin thanks to the upbeat atmosphere, music, and food.

Motivation and opening ceremony

After some prodding from my PhD advisor, Dr. Elisabeth Coyne, I felt attending the conference would be beneficial for me to gain insight into what other researchers in my field have been researching and to **learn more about the world of research** as I strive to become an expert in my field. The entire event turned out to be a fantastic experience, and I thoroughly enjoyed every minute of it with unfathomable glee. This fervour persisted throughout the opening ceremony, plenary talks, and working sessions. During the opening ceremony, as the names of the thirty participating countries were announced, I proudly waved the magnificent Australian flag alongside the Australian team.

Conference structure

Each day, in fact, followed a similar pattern. Each morning began with a one-hour plenary session in one of the designated halls. These plenary discussions were followed by parallel sessions, which consisted of a series of 15-minute oral presentations that occurred concurrently but in separate rooms. There were about ten sessions taking place at any one time, so the difficult part was deciding which one to attend! Fortunately, the conference agenda included extensive summaries of each session, making it much easier to plan out my day. While some sessions were more involved than others, they all provided us with the opportunity to network and learn about current projects from around the world. I am pleased to report that each of the talks and presentations was very explicable. In fact, I learned so much over the course of the four-day programme and even received a great deal of ideas and inspiration for my research. I have realised that conferences are **excellent opportunities for networking, particularly for early career researchers**.

My presentation and responses

On Wednesday, June 21st. I had the honour of presenting a paper on the psychosocial-spiritual needs, health literacy, and health-related quality of life of cancer patients and their families in Nigeria (the most populous black nation). It was a fifteen-minute academic presentation. One of the most significant pieces of feedback I received was that my research could help Africans and Asians (since they share a similar belief system) all over the globe, especially in the United States, where there is limited attention to their needs and health-related quality of life.

It was pretty fantastic that I have two American delegates interested in collaborating with me in this area. In fact, **meeting new people was one of my favourite aspects** of the conference, as I appreciated hearing about their experiences and research interests and was pleased to be able to contribute my own thoughts.

Was it really worth it?

Overall, the 16th IFNA 2023 conference was a very enriching and rewarding experience. It was a privilege to meet researchers, scholars, and clinicians from all over the world; from Asia to Europe, Australia, and America, it was truly a cultural melting pot. I appreciate the organisers accepting my paper and inviting me to attend the conference. I was genuinely inspired by the individuals I met and their commitment to enhancing family nursing care and fostering research collaboration. I really learned a lot from the experience and feel more prepared to continue my research now that I have more insights into the field. In fact, I would strongly encourage other postgraduate students, nurse researchers, and academics to attend future IFNA conferences because not only do they offer the chance to network with researchers at the forefront of their fields, but they also provide **insight into what a career in research may entail**. You never know, you might be as inspired as I was - after all, researchers are the world's future.

Israel O. Gabriel, PhD.

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<https://pure.qub.ac.uk/en/persons/israel-gabriel>

Jisha Krishnan shares her conference experience.

I feel very proud and honoured to participate in the IFNC16 conference in Dublin, Ireland June 20th to June 23. I am attending international nursing conference for very first time.

My research abstract was shortlisted and accepted to be presented at an international forum at Dublin City University (DCU). I am deeply grateful to my research supervisors Dr Elisabeth Coyne and Senior Lecturer Hazel Rands from Griffith University for supporting me with my research.

I started my international nursing career in Dublin in 2007, 16 years ago, it is a great feeling being able to come back here and represent an Australian university. A rewarding experience to meet Nurse researchers from around the globe, representing their Country, their research work into improving the quality of family health, education, evidenced based practice research into health care delivery. I thank the nurse researchers for contributing towards education and creating pathways for future nursing students to be able to utilise their **resources to improve nursing care delivery.**



Sherryn Bailey Shares her experience of IFNA16

The 16th International Family Nursing Conference (IFNC16) was my first IFNA conference. What a group of warm, collegial and like-minded practitioners and researchers! **From the inspiring pre-conference workshops** and keynote speakers, to breakout sessions of podium and poster presentations, the IFNC16 provided a glimpse into ground-breaking family nursing practice and research happening across the global IFN community. Equally, I appreciated the opportunity to make new friends and establish new networks and contacts. I was impressed by the **generosity, kindness and passion evident throughout IFNC16**, with the shared goal of bringing family-centred nursing to the forefront of policy and practice. I presented initial findings from my PhD research, outlining the impact of 'Tresillian To You', a novel mobile specialist early parenting service for rural families.

Thank you to the AUS/NZ IFNA Chapter for your inspiring contributions to the conference. It was a highlight attending our Chapter's pre-conference workshop, and I found this particularly relevant to my teaching/research. I'm excited to be part of the AUS/NZ IFNA Chapter, and even more so following the conference.

Sherryn Bailey

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Delivering culturally safe clinical care across population groups and the lifespan

This workshop was developed and delivered by our chapter members. It was well attended and also very interactive. The presenters shared research and clinical information to build participants understanding of cultural safety and how to ensure culturally safe practice.

Thank you for the contribution from our Chapter members to help put the information together. The workshop information and content to be published.

Some of the answers from our surveys.

2. What is your definition of cultural safety?



2. What do you understand as being the main elements of cultural safety after the workshop?





Resources for your family research and clinical practice

Don't forget to access the **International Family Nursing website** for a range of family theory, scales and publications to help build your research.

<https://internationalfamilynursing.org/>



International Family Nursing Association

Position Statement on Pre-Licensure Family Nursing Education

Background

The promotion of family health and healing are values many nurses share globally. The International Family Nursing Association (IFNA) has developed a Position Statement on Pre-Licensure Family Nursing Education to encourage and assist all nurse educators to include family nursing education worldwide.

For the full Position Statement, visit internationalfamilynursing.org

The Position Statement is available in several languages.



Family Nursing

Many definitions of family nursing exist in nursing literature and practice. The common attribute is the integration of nursing care to both the family as a whole and the individual family members, with attention to relationships among members.

Family nursing education encompasses the teaching of practice based and evidence informed theoretical knowledge and skills that are clinically developed through supervised practice.



Theory-Driven
Family nursing theories support family nursing education.



Collaborative
Family nursing education includes collaborative relationships.



Evidence-Informed
Practice models that guide family nursing are informed by evidence.

Position Statement

A focus on family nursing should extend beyond a single course and be integrated throughout nursing curricula in ways to influence critical thinking and clinical judgment.

Family-focused nursing care should be a standard of practice across the lifespan and should include family assessment, planning, nursing actions or interventions, and outcome evaluation.

One of the primary mechanisms for developing the knowledge and skills necessary for family-focused care is the intentional inclusion of family during all aspects of pre-licensure nursing education.

Nursing curricula should include a systematic and progressive introduction to family-focused health care supported by evidence-informed family-derived theoretical frameworks.

Foundational Competencies

- Therapeutic communication skills
- Appreciation of diversity
- Critical reflection about nurse's beliefs about family
- Effective partnering or collaboration
- Integration of family needs and desires
- Collaborative goal setting and outcome measurement
- Individual and family empowerment
- Intentionally family-focused actions
- Links between individual, family, community, and health systems
- Coordinated care including experiences of individual and family
- Value of individual and family outcomes
- Policies that address individual and family care needs



2024 travel to Denmark in May for the Nordic Family Health Conference

Contact Dr Elisabeth Coyne for more information. E.coyne@griffith.edu.au



Next meeting Wednesday • July 12th , 1100-1200 AEST

Microsoft Teams meeting

Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Written by Dr Elisabeth Coyne with contributions from students attending IFNA conference.