

March Newsletter Australia and New Zealand Chapter IFNA



Newsletter Number 27: March 2023

Australian and New Zealand Chapter News

This month our AusNZ chapter shares the success of several IFNA members. Being a member of the international family nursing association enables international collaboration and friendships. The second yearly international conference a time to reconnect and develop strong collaborations. Our AusNZ chapter was developed in 2019 after we identified a need to stay connected between the conferences across our great and diverse countries. Joining our chapter provides great opportunities for collaborations and mentorship for both researchers and clinicians.



Development of the International Family Nursing Association

In 1988, a group of family nurses met in Canada and decided to meet every two years to discuss family research ideas. These meetings were organised informally by networks of family nurses, hosted by the researcher's university. The first meetings were across Canada, Chile, Japan, Thailand and the USA; where most of the leading family researchers worked. This was a time to discuss current research and family methods however there was a lack of connection between the conferences. The idea of a formal family nursing group was developed. At the 2009, 9th International Family Nursing Conference in Reykjavik, Iceland, which I attended the participants voted to establish IFNA as a formal organisation. I was the only Australian at this conference but my passion for advancing family health and family nursing was definitely ignited. Discussing research ideas with Prof Janice Bell and Prof Lorraine Wright and hearing the range of presentations about *including family as part of care and research* was inspiring.



Conference dinner with Fran and Cathy from Canada



Congratulations Professor Lisa Whitehead

West Australian Nurse of the Year!

Professor Whitehead one of our original Chapter members has been recognised for her contribution to nursing. She is among the top two per cent of nurse researchers worldwide. She was recognised for her contributions to nursing, rehabilitation, public health and health services and its impact across WA, Australia, and internationally. Lisa's research focuses on improving health outcomes for people living with chronic conditions, self-management interventions and working with families to support the management of chronic conditions. Working closely with clinicians and health consumers to enable consumer understanding and sustainable research outcomes. Lisa works closely with researchers and research students to support them and also with thesis examinations and journal reviews.

<https://www.ecu.edu.au/schools/nursing-and-midwifery/our-staff/profiles/associate-dean/professor-lisa-whitehead>



International collaborations to build your research impact.

Dr Teresa Gutiérrez-Alemán has been recognised for her contribution to family nursing in Spain. Teresa graduated in Nursing from the University of Navarra and subsequently obtained a master's degree in "Management and Advanced Practice in Nursing." After receiving a scholarship (academic excellence), motivated by her passion for family nursing, she decided to pursue her doctoral thesis in this field. She joined the Public University of Navarra as an academic researcher after completing her doctoral studies.

Joining the International Family Nursing Association in 2017, Teresa has welcomed the opportunities for research collaboration with the IFNA. Teresa Gutiérrez-Alemán emphasizes the significant value of her experience with IFNA.

"IFNA has provided me with many opportunities to learn and grow."

"IFNA has provided me with many opportunities to learn and grow. I have had the privilege of working with highly skilled and experienced individuals, and the association encourages inclusion and collaboration. IFNA is a great place for nurses passionate about improving the quality of care for families, from different backgrounds and specialties to develop their skills and knowledge. I highly recommend anyone who shares this passion and interest to consider joining IFNA, whether you are a nurse working in practice, research, politics, or teaching."

Teresa shared that one of the critical factors in the success of IFNA is its multidisciplinary nature. *"IFNA is not exclusive to nursing professionals; individuals from all health care professional backgrounds can participate. In addition, the association is not solely focused on research. In fact, the richness of diversity in the backgrounds and specialties of its members sets IFNA apart. This diverse and broad range of expertise is one of its greatest strengths, which I believe has great value for all areas IFNA is dedicated to."*

Caption for the referee photo:

Aside from her work in nursing, Teresa is also an accomplished professional basketball referee. With 11 years of experience under her belt, she has been a part of the Spanish Basketball Federation's referee group for the past four years, making her the first woman from Navarre to attain this level of achievement.



La enfermería en clave internacional

Teresa Gutiérrez Alemán es enfermera y la única española que forma parte de la junta directiva de la International Family Nursing Association (IFNA).

La International Family Nursing Association (IFNA) es el mayor grupo de enfermeras internacionales y la única que forma parte de la junta directiva de la International Family Nursing Association (IFNA).

La IFNA es el mayor grupo de enfermeras internacionales y la única que forma parte de la junta directiva de la International Family Nursing Association (IFNA).



En clave de éxito

Tras haber trabajado en la enfermería, Teresa Gutiérrez Alemán pasó a ser una de las líderes del Área de la Organización en su universidad. Actualmente es la jefa de área de la enfermería en la Universidad de Navarra.

Tras haber trabajado en la enfermería, Teresa Gutiérrez Alemán pasó a ser una de las líderes del Área de la Organización en su universidad. Actualmente es la jefa de área de la enfermería en la Universidad de Navarra.

Research visit from Professor Karin Dieperink from Denmark



Prof Dieperink research interest is within nursing, rehabilitation, palliative and supportive care for cancer patients and families. The area is concerning cancer patients' early and late adverse effects after treatment, quality of life and coping with the life situation and rehabilitation for prevention or reducing late adverse effects, furthermore, uncovering the impact of disease on family health. She uses different research methods: questionnaires, patient reported outcomes, randomized controlled trial, focus group and individual interviews, reviews, and translation and validation of questionnaires.

International collaboration with researchers within family nursing in Australia, the FAME-RN FAMILY health in Europe Research Network with researchers from Finland, Netherland, Switzerland, Spain, Iceland, Brazil and Sweden.

While Karin was here, we visited Princess Alexandra Hospital, QE2, and Gold Coast hospitals and Karin did several presentations. Karin also visited Dr Natalie Winter at Deakin University in Melbourne going to Peter Mac and Olivia Newton John Cancer Centres.

karin.dieperink@rsyd.dk¹

<https://portal.findresearcher.sdu.dk/da/persons/kdieperink/publications/>



Christina Østervang PhD candidate also visited from Denmark

Working at University of Southern Denmark and the Department of Emergency Medicine, Odense University Hospital, Denmark. Christina is finalizing her PhD program which aimed to improve patient pathways in the Emergency Department.

Christina has used participatory design as research methodology and codesigned a health information system to meet the needs of patients and family members in the emergency department.

Christina is also involved in other projects: Social nursing in a Danish context. Recognition of delirium symptoms in the emergency. Depression, stress, anxiety symptoms among emergency nurses. Systematic ways to use patient complaints. Patients with self-harm injuries in the emergency department. christina.oestervang@rsyd.dk²

¹<mailto:karin.dieperink@rsyd.dk>

²<mailto:christina.oestervang@rsyd.dk>



<https://www.researchgate.net/profile/Christina-Ostervang>



During Christina's visit we had time at Princess Alexandra Hospital, QE2 hospital and Gold Coast and Robina Hospital meeting other researchers in emergency and critical care with a focus on family.

REASONS why YOU should Become a Member of IFNA

Currently fees for Chapter members NEW IFNA Member - \$75.00 (USD) is 40% off the usual membership fee for a limited time.

<https://protect-au.mimecast.com/s/iUQDC81ZPoh67nkRqInSSZq?domain=internationalfamilynursing.org/> (*about:blank*)

Benefits of joining IFNA

To interact with a global community of nurse scholars and practitioners who care about the health and healing of families.

Develop international friends and mentors.

To attend webinars about family nursing theory, practice, and research

Don't forget to connect with the main International Family Nursing Association and join to access extensive family nursing resources. <https://internationalfamilynursing.org/> (*about:blank*)

Registration for the 16th International Family Nursing Conference (IFNC16) is OPEN!

International conference for International Family Nursing will be in 2023 June 20 to 23rd in Dublin. Start planning your European holiday!

SAVE THE DATE

16th International Family Nursing Conference

**Global Innovations in Family Nursing:
Advancing Family Health**

Dublin City University
Dublin, Ireland

Ha'Penny Bridge
Dublin, Ireland

International Family
Nursing Association

Pre-Conference Workshops
Tuesday, June 20, 2023

Conference
Wednesday, June 21, 2023 - Friday, June 23, 2023

Dublin City University, Glasnevin Campus | Dublin, Ireland

#IFNC16

Preconference workshops included within the conference registration cost! A great range of workshops to choose from.

Pre-conference Workshops

The conference planning committee have taken the decision to **include the Pre-Conference Workshops within the conference registration fee**. This will provide additional value for money for our attendees and a bigger audience for each workshop, providing more opportunities for delegates to engage with each other as well.

IFNCC16 is offering 8 Pre-conference Workshops (4 in the Morning and 4 in the Afternoon). The description for each workshop is provided below.

Morning Workshops

[Delivering Culturally Safe Clinical Care Across Population Groups and the Lifespan \(limited capacity\)](#)

[Career Cartography to Find your Destination to Enhance the Practice and Family \(limited capacity\)](#)

[Incubating Family Nurse Scientists Across the Globe \(limited capacity\)](#)

[Innovations in Collaborative Family Research Methods: Exploring Meaningful Family and Family-nurse Interactions to Inform Nursing Actions \(limited capacity\)](#)

Afternoon Workshops

[Pediatric Mental Health Issues: A New Perspective for Assessment and Intervention](#)

[The Family Systems Care Unit \(FSCU\), Winterthur: How A Vision Comes Alive At The Zurich University Of Applied Sciences \(ZHAW\), Switzerland](#)

[Best Practices for Engaging Families across the Lifespan in Research: Lessons Learned from International Experts](#)

[Fostering International Collaborations and Health Policy to Advance Family Health](#)

Next meeting Wednesday • March 8th , 1100-1200 AEST

Microsoft Teams meeting

Join on your computer, mobile app or room device

Click here to join the meeting³

Written by Dr Elisabeth Coyne

³[https://teams.microsoft.com/l/meetup-join/19:meeting_MGQxZjZhNTItMDJhOS00Mzg4LWJiNDAtMGI1ZGY1YjU0NWRh%40thread.v2/0?context={\"Tid\":\"5a7cc8ab-a4dc-4f9b-bf60-66714049ad62\"%2c\"Oid\":\"2fa526d7-e268-410f-9277-42360c0b3876\"}}](https://teams.microsoft.com/l/meetup-join/19:meeting_MGQxZjZhNTItMDJhOS00Mzg4LWJiNDAtMGI1ZGY1YjU0NWRh%40thread.v2/0?context={\)