

# February Newsletter Australia and New Zealand Chapter IFNA



**Newsletter Number 26: February 2023**

## Australian and New Zealand Chapter News

As we start 2023 let's reflect on our achievements from 2022. The Aus/NZ chapter has increased membership and starting to get recognised across Australia and New Zealand. The members within the chapter are active researchers and clinicians with a range of publications and grants with a focus on supporting family during health adversity. The chapter has been accepted for a workshop and several oral presentations at the International Family Nursing Conference. Our chapter has completed an online survey of registered nurses' perceptions of family care across Australia and New Zealand. We have had monthly online meetings with 10 to 20 persons attending and a monthly newsletter which is read by about 100 people. **We would love to increase our membership with researchers and clinicians who have a passion for improving family outcomes.**

Our chapter has actively connected with the Japanese family nursing association and this provides opportunities for shared research and resources. Being at similar time zones also able to attend online meetings together. <http://www.jarfn.org/index.html>

Linking with the UK Chapter and the African chapter has built collaborations and sharing of resources.

<https://ifnaukandireland.org/>

<https://internationalfamilynursing.org/chapters/african/>



## What is family nursing?

Family nursing is the recognition of family as the 'unit of care' when we care for the patient across all age groups (Bell & Wright, 2015; Luttik, 2020). Family is a descriptive term for a group of individuals who share a relationship of emotional closeness, commitment and dependence (Friedman et al., 2003; Rice, 1999). Traditionally family is composed of persons joined together by bonds of marriage, blood, or adoption and residing in the same household (Friedman et al., 2003). The traditional definition has limited use in today's society as there are a range of traditional and non-traditional family types (Silberberg, 2001; Walsh, 2006).

Family nurses are nurses who are concerned and seek to understand people's experiences of health and illness within the context of their family. All nurses should aim to work with a focus on supporting the family to improve the patient outcomes however there are skills to being able to work with families (Coyne & Dieperink, 2017). (See box below for an overview of Family Nursing Skills)

Family nursing includes assessment of family members' physical and psychological health and wellbeing (Wright & Leahey, 2013). Family nursing is where nurses can work together with the family to support and improve self-management for the family and patient (Luttik, 2020).

<https://ifnaukandireland.org/family-nursing-why-and-what-is-it/>

<https://internationalfamilynursing.org/2015/07/31/ifna-position-statement-on-generalist-competencies-for-family-nursing-practice/>



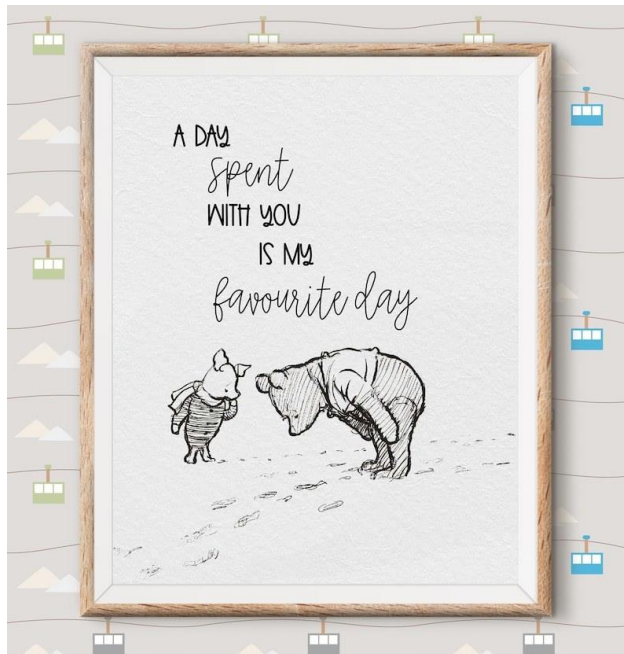
## How the family as a unit of care responds to health adversity

The individual's response to health adversity has been well established by previous research, there is a physiological and psychological response to health adversity across all age groups (Vreeland et al., 2020). Knowing that most persons facing health adversity are supported by their family as they understand family to be, we can also assume that each member of the family will react differently. So how can we as nurses work with the family to support them to respond to the health adversity in a resilient or positive way?

The family members will respond differently but also interact with each other as they work as a family to maintain or balance family functioning (Coyne, 2012). It is therefore important to explore the way the family functions and different roles within the family. This is family assessment - who are the family members and what roles do they form within this family and during health adversity (Boss & Mulligan, 2003; Wright et al., 2013).

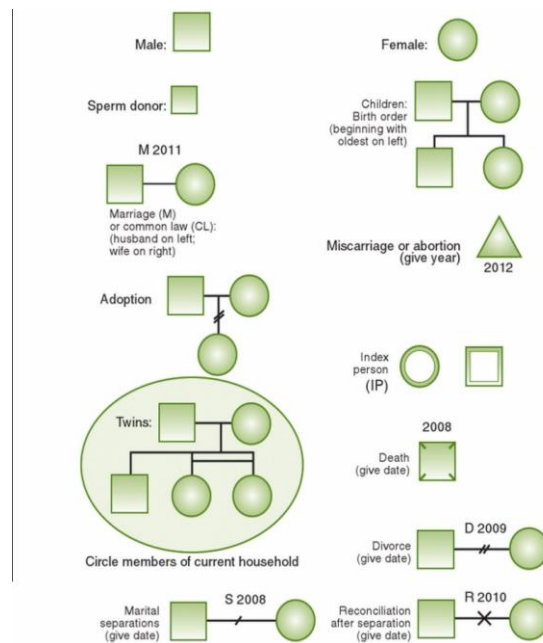


Ways to connect with the family as a nurse.



Spend time sitting with the patient understanding their family Provide a room for the family to sit together	Look for multidisciplinary collaboration Complete a family assessment and genogram and ecomap to document family
What are the resources the family normally use?	What are the family strengths? Purposefully lead A family strengths conversations with the family as a unit and/or family members individually
Work to develop a strong relationship with the family	Pay attention and ask who in the family is feeling most distressed
Talk about different communication styles with the family	Seek to understand the different family roles and work with the family Who is the leader? Support person? Organiser?
Ask the family about their personal beliefs and spirituality this opens for the family to share about how they may be coping spirituality	Encourage sharing of concerns without blame
Encourage activities that the family can work together on during healthcare	Enable time that a hobby may be completed during hospitalisation
Work with the family to identify and develop their goals from healthcare	Enable times where the family can share a meal together

Genogram example IFNA resources <https://internationalfamilynursing.org/resources-for-family-nursing/education/education-resources/>



Join the Family Nursing association for an international seminar.

Global considerations in family ethics. 7th March

Register via this link [Click here to register](#)



**JOIN US FOR AN INTERNATIONAL SEMINAR:**

Topic :  
**Global Considerations in Family Ethics**

*Presented in English and Portuguese*

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 Tuesday, March 7, 2023  
 10.00 AM - 2.30 PM EST

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 Scan the code to register or click the [link here!](#)

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 **MINNESOTA STATE UNIVERSITY, MANKATO**  
GLEN TAYLOR NURSING INSTITUTE FOR FAMILY & SOCIETY

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**SPEAKERS**

**FAMILY ETHICS IN GLOBAL LEARNING**  
**Regina Szylit, PhD, RN, FAAN**  
Regina is a Professor and Dean at the University of Sao Paulo, School of Nursing in Sao Paulo, Brazil. She is vice-chair of the International Work Group in Death, Dying and Bereavement (IWG) and a Country Liaison Coordinator in International Family Nursing Association. She has developed an integrated program and process of education, research, and clinical practice aimed to improve nursing care to families of children in palliative care.

**TAKING ETHICS AND EQUITY TO THE BEDSIDE**  
**Angie Knackstedt, BSN, RN, NPD-BC**  
Angie is the Program Manager for Health Literacy & Nursing Bioethics at Children's Mercy Kansas City. Her nursing career has focused on nursing professional staff development, bioethics, health literacy, pediatric oncology, injury prevention and advocacy.

**RESEARCH AND POLICY IN FAMILY ETHICS**  
**Barbara Volteien PhD, RN, MHSC, Health Visitor and Sr. Lecturer**  
Barbara focuses on supporting families throughout the lifespan living with health challenges in a cross professional setting. She teaches in a School of Nursing in Denmark and conducts national and international research among families where a family member suffers from life-threatening diseases.

**MOVING FAMILY ETHICS FORWARD**  
**Janet A. Deatrick, PhD**  
Janet is Professor Emerita of Nursing, University of Pennsylvania. She is known for her expertise in family science, health equity and qualitative (participatory) and mixed methods research methods.

*Funded by: IFNA Global Family Nursing Initiative of the International Family Nursing Association and Minnesota State University, Mankato | Glen Taylor Nursing Institute for Family & Society Partnership.*

## REASONS why YOU should Become a Member of IFNA

Currently fees for Chapter members NEW IFNA Member - \$75.00 (USD) is 40% off the usual membership fee for a limited time.

<https://protect-au.mimecast.com/s/iUQDC81ZPoh67nkRqInSSzq?domain=internationalfamilynursing.org/> (about:blank)

Benefits of joining IFNA

To interact with a global community of nurse scholars and practitioners who care about the health and healing of families.

Develop international friends and mentors.

To attend webinars about family nursing theory, practice, and research

**Don't forget to connect** with the main International Family Nursing Association and join to access extensive family nursing resources. <https://internationalfamilynursing.org/>

## Registration for the 16th International Family Nursing Conference (IFNC16) is OPEN!

International conference for International Family Nursing will be in 2023 June 20 to 23rd in Dublin. Start planning your European holiday! <https://internationalfamilynursing.org/registration/>

**SAVE THE DATE**

16<sup>th</sup> International Family Nursing Conference

**Global Innovations in Family Nursing:  
Advancing Family Health**

Dublin City University  
Dublin, Ireland

HaPenny Bridge  
Dublin, Ireland

International Family  
Nursing Association

Pre-Conference Workshops  
Tuesday, June 20, 2023

Conference  
Wednesday, June 21, 2023 - Friday, June 23, 2023  
Dublin City University, Glasnevin Campus | Dublin, Ireland

**#IFNC16**

## Student Scholarship Program IFNC16 Student Scholarship Program –

Call for Applications Deadline February 13, 2023

The International Family Nursing Association recognizes that students from around the world are the future leaders in the field of family nursing. The IFN Foundation is pleased to announce the Call for Applications for the Student Scholarship Program, which is dedicated to enhancing the career potential of exceptional students by providing (in person) conference registration to IFNC16.

The IFN Foundation is able to support conference attendance for up to 10 qualified students to attend IFNC16 in Dublin Ireland, which will be held June 20 - 23, 2023. Through generous contributions to the IFN Foundation via Giving Tuesday and the Honor Families and Family Nurse Program, scholarships will be awarded to students from any country.

Scholarship eligibility is for IFNA Student Members who are enrolled in a college or university nursing degree program (undergraduate or graduate). Eligible IFNA Student Members should submit their application no later than February 13, 2023. The completed applications will be selected at random by the IFN Foundation. Notification will be communicated to all applicants by March 1, 2023. Scholarship recipients will be formally recognized during the Welcome Ceremony at IFNC16.

[Click here for the application.](#)

[Upload completed application.](#)

If you have any questions, please contact Debbie Zaparoni, [debbie@internationalfamilynursing.org](mailto:debbie@internationalfamilynursing.org)

## Late-Breaking abstract submissions for the 16th International Family Nursing Conference

(IFNC16) will be accepted January 6 – February 6, 2023. The conference will be held

**Tuesday, June 20 – Friday, June 23, 2023** in Dublin, Ireland.

***This call is for NEW submissions, prior submissions should NOT be edited.***

Presentations that demonstrate the state of science family-related research, education, and evidence-based practice projects or papers that address the intersection of family health and policy are invited. Presenters are expected to provide information, strategies, and/or tools relevant to family researchers, educators, clinicians, and/or policy makers to advance their work.

**IFNC16 Outcomes** At the end of the conference, attendees should be able to:

Education: Discuss global advancements in family nursing education for students and professionals.

Practice: Explore family health practice innovations and models of care for clinical nursing practice globally.

Research: Examine research evidence and emerging methodologies for application and transferability to family nursing education, practice, and policy to improve family health globally.

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*transferability to family nursing education, practice, and policy to improve family health*

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Policy/Leadership: Generate strategies to enhance leadership of family nurses and promote global influence on family health care policy.

**Due dates and notification:**

Abstract submissions will be accepted **January 6, 2023 through Monday, February 6, 2023.**

After your abstract is received, you will receive e-mail notification of receipt via the Oxford



Abstract System. Further notification of the decision to accept or decline your abstract will be sent to you no later than Friday, March 3, 2023.

**\*\* Abstracts for podium/oral presentation will only be accepted for in-person presentation in Ireland. Abstracts submitted for poster presentation can be considered/accepted for either in-person or virtual presentation. \*\***

Please read the [Instructions](#) for submitting an abstract. **Sample Abstracts are included within the instructions.**

Please contact Debbie Zaparoni at [debbie@internationalfamilynursing.org](mailto:debbie@internationalfamilynursing.org) with any questions.

We encourage you to share this information with colleagues and students.

We look forward to receiving your late-breaking abstract.

*Kim Mooney-Doyle and Cindy Danford* Co-Chairs, IFNA Research Committee #IFNC16

**Preconference workshops included within the conference registration cost!** A great range of workshops to choose from. [Delivering Culturally Safe Clinical Care Across Population Groups and the Lifespan](#) AusNZ workshop!

### Pre-conference Workshops

The conference planning committee have taken the decision to **include the Pre-Conference Workshops within the conference registration fee**. This will provide additional value for money for our attendees and a bigger audience for each workshop, providing more opportunities for delegates to engage with each other as well.

IFNC16 is offering 8 Pre-conference Workshops (4 in the Morning and 4 in the Afternoon). The description for each workshop is provided below.

#### Morning Workshops

[Delivering Culturally Safe Clinical Care Across Population Groups and the Lifespan](#) (*limited capacity*)

[Career Cartography to Find your Destination to Enhance the Practice and Family](#) (*limited capacity*)

[Incubating Family Nurse Scientists Across the Globe](#) (*limited capacity*)

[Innovations in Collaborative Family Research Methods: Exploring Meaningful Family and Family-Nurse Interactions to Inform Nursing Actions](#) (*limited capacity*)

#### Afternoon Workshops

[Pediatric Mental Health Issues: A New Perspective for Assessment and Intervention](#)

[The Family Systems Care Unit FSCU, Winterthur: How A Vision Comes Alive At The Zurich University Of Applied Sciences ZHAW, Switzerland](#)

[Best Practices for Engaging Families across the Lifespan in Research: Lessons Learned from International Experts](#)

[Fostering International Collaborations and Health Policy to Advance Family Health](#)

1 - <https://internationalfamilynursing.org/2022/12/15/pre-conference-workshops-4/>

## Next meeting Wednesday • February 8th , 1100-1200 AEST

Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Written by Dr Elisabeth Coyne

Bell, J. M., & Wright, L. M. (2015). The Illness Beliefs Model: advancing practice knowledge about illness beliefs, family healing, and family interventions. *Journal of Family Nursing*, 21(2), 179.

<http://griffith.summon.serialssolutions.com>

Boss, P., & Mulligan, C. (2003). *Family stress : classic and contemporary readings*. Sage Publications.

<http://catdir.loc.gov/catdir/enhancements/fy0658/2002008927-t.html>

<http://catdir.loc.gov/catdir/enhancements/fy0734/2002008927-b.html>

<http://catdir.loc.gov/catdir/enhancements/fy0658/2002008927-d.html>

Coyne, E. (2012). *The Strengths and Resources Young Women and their Family Members use during Treatment for Breast Cancer* [Griffith ]. Brisbane

<https://www120.secure.griffith.edu.au/rch/items/892defdb-6b89-1750-d52e-9914da3376cc/1/>

Coyne, E., & Dieperink, K. B. (2017). A qualitative exploration of oncology nurses' family assessment practices in Denmark and Australia. *Support Care Cancer*, 25(2), 559-566.

<https://doi.org/10.1007/s00520-016-3438-1>

In (1ed) M., M, Bowden, V., R, & Jones, E., G. (2003). *Family Nursing Research, Theory, and Practice* (5 ed.). Printice Hall.

Luttik, M. L. (2020). Family Nursing: The family as the unit of research and care. *European journal of cardiovascular nursing*, 19(8), 660-662. <https://doi.org/10.1177/1474515120959877>

Rice, P., L. (1999). *Stress and Health* (3 ed.). Brooks/Cole Publishing Company.

Silberberg, S. (2001). Searching for family resilience. *Family Matters*, 58(Autumn), 52-57.

<http://www.aifs.gov.au/institute/pubs/fm2001/fm58/ss.pdf>

Vreeland, A., Henry, L., & Compas, B. E. (2020). Coping Models of Stress and Resilience. In (1 ed.). Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780190681777.013.27>

Walsh, F. (2006). *Strengthening Family Resilience* (2 ed.). The Guilford Press.

Wright, L., M, & Leahey, M. (2013). *Nurses and Families: A guide to family assessment and intervention* (6 ed.). Davis Company.

Wright, L. M., Leahey, M., & ProQuest. (2013). *Nurses and families: a guide to family assessment and intervention* (6.;6th;6; ed.). F.A. Davis Company.