

# Australia and New Zealand Chapter IFNA



**Newsletter Number 23: October 2022**

## October Australian and New Zealand Chapter News

This month's newsletter has a focus on International Family Nursing Association current activities that you may like to be involved in. One feature of IFNA is the wonderful collaborations that occur globally between IFNA members. This is reflected in the generous inclusive approach taken in many of the IFNA member projects and the IFNA conferences. Our Australia & New Zealand Chapter of IFNA led by Dr Elisabeth Coyne, our inaugural Chapter Chair, has a very strong outcome in collaboration across our two nations in research, education and practice developments. This newsletter will highlight some of these collaborations.



## Two current calls for collaboration across IFNA



**A GLOBAL SHIFT IN FAMILY NURSING PRACTICE**

**International Family Nursing Association**

**What to Include?**

- Narratives written in your native language
  - = We would love to read about your experiences in your language!
- A photo of the family nurse in the practice setting
  - = Attach a photo of you to share your experience with fellow family nurses!

**How Can YOU Help?**

We are looking for IFNA members and other family nurses to provide written narratives about their pandemic family nursing practice experiences and how they were impacted.

Write a narrative of 500-1000 words, with the following information:

- 1 Your name and title, where you are from (country, town etc.), what is your working role
- 2 Describe your daily activities working with families during the Covid 19 pandemic
- 3 Describe how the Covid 19 pandemic shifted your family nursing practice
- 4 Lessons you learned from this experience

For more information and to submit your narratives please email: [ifnagcommittee@gmail.com](mailto:ifnagcommittee@gmail.com)

We need your permission to publish and present your narrative and photo in an e-book and at events. **Please sign the consent form**

The infographic includes illustrations of a family, a nurse at a desk, and a nurse with a patient, along with icons for a document, a folder, and a QR code.

## Family Nursing Digital Stories

Storytelling is as old as time and humanizes learning by creating participatory and immersive experiences. We use stories to make sense of our world. Then, we share stories of our lived experiences with others. Pairing the power of storytelling with digital tools is digital storytelling, and digital stories have the potential to transform health care systems by cultivating understanding and compassion.

To date four such Family Nursing digital stories in Spanish, Portuguese, and English have been developed and captioned in English. To experience these stories, follow this link to the playlist:

<https://youtube.com/playlist?list=PLz3tZZf-j7jcrjYJOE6wuGxEfc8QEhhNm> or  
[https://mediaspace.minnstate.edu/playlist/dedicated/1\\_8yhgswb/](https://mediaspace.minnstate.edu/playlist/dedicated/1_8yhgswb/)

**You can share your Family Nursing story!** Follow this link for instructions on how to tell your story on the platform:

[https://mediaspace.minnstate.edu/media/Tell+your+story+on+FlipGrid/1\\_to4f1tz9](https://mediaspace.minnstate.edu/media/Tell+your+story+on+FlipGrid/1_to4f1tz9). The QR code within the instructions leads to the storytelling platform. It is also below.

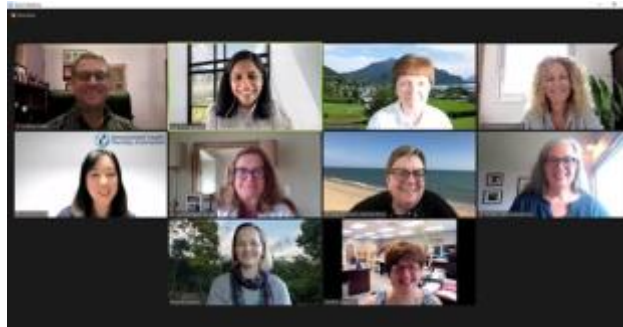


## Be active globally through IFNA Standing Committees

The IFNA vision is to build a community of nurses and other health care professionals who are dedicated to transforming health for families worldwide. As a member you can contribute to achieving this vision by joining one of the standing committees and or their sub-committees.

An overview of all the IFNA Standing Committees can be found here:

<https://internationalfamilynursing.org/association-information/leadership/committees/>



IFNA members from Australia, Ireland, England, Spain, Japan, USA and South Africa celebrating International Nurses Day 2022 <https://twitter.com/sujas15/status/1524757276493594626>

Now the term 'committee' in "Standing Committee" does not mean a stuffy meeting that achieves little and focuses on the organisations needs only. Yes, some of the Standing Committees address IFNA's administrative needs. Most Standing Committees however focus on members needs, engaging members in collaborations that address members needs in Family Nursing practice, education and research, and sharing the outcomes and resources widely so all may benefit and the IFNA vision can be achieved. Here are some Standing Committees that may interest you.

If you would like to:

1. Expand your expertise in Family Nursing practice, identify, create and disseminate the best practices globally in family nursing contact the **Practice Committee** Co-Chair's Maria do Céu Barbieri Figueiredo [ceu.barbieri@denf.uhu.es](mailto:ceu.barbieri@denf.uhu.es) or Yuuko Mabrey Johnson [yuuko020@gmail.com](mailto:yuuko020@gmail.com)

**Practice News**  
Pass forward your Family Nursing Practice News to Dr. Yvonne Gu, Barbieri Figueiredo, co-chair of the IFNA Practice Committee.

**Dr. Jerry Nuzar Focuses on Global Health in Maternal and Child Health**  
Jerry John Nuzar, PhD, RN is an assistant professor, University of California, San Francisco. His research interests focus on global health, especially maternal and child health and the prevention of mother to child transmission of HIV. He is also interested in understanding the impact of environmental, social, and economic factors on women and children with particular emphasis on...

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**Dr. Megah Andriani Focuses on Spiritual Care to Improve Quality of Life in Indonesia**  
Megah Andriani, PhD, RN, is a senior lecturer at Universitas Dikominfo, in Indonesia. Megah has more than 20 years of experience in nursing education. Her research interest focuses on family and community nursing in the community and occupational setting, particularly related to mental health, spiritual care, TB care, and health promotion. For more information contact...

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**Family Focused Healthcare Research Centre (FaCe) in Denmark**  
Denmark has a new research center in family health. The Family Focused Healthcare Research Center (FaCe) is affiliated with the Department of Clinical Research, Faculty of Health Sciences, University of Southern Denmark. The establishment of FaCe is to establish a multidisciplinary research institution and program of research in the focus on the health of patients and their family caregivers.

2. Share your journey as a student the **IFNA Student Engagement Group** provide a global network of support and resources for all graduate student (and post-graduate early career researcher) members of IFNA. Contact one of the co-chairs Wendi Smith (USA) [wsmith9@villanova.edu](mailto:wsmith9@villanova.edu) or Nada Dahlawi [abadahlawi@kau.edu.sa](mailto:abadahlawi@kau.edu.sa)



3. Identify, create, and disseminate the best educational practices for IFNA members and family nursing worldwide—including your own—contact one of the co-chairs of the **Education Committee** Jill Bally [jill.bally@usask.ca](mailto:jill.bally@usask.ca) or Shelley Spurr [shelley.spurr@usask.ca](mailto:shelley.spurr@usask.ca)

## Education Resources

### Family Focus in Cultural Variations in End-of-Life Care Simulations in Nursing Education

The Nursing Department at St. Cloud State University, St. Cloud, Minnesota, USA, focuses on family care in end-of-life (EOL) simulations. The students care for ending patient and attend to family needs. Cultural Variations in End-of-Life Simulations make hospice nurses a champion, and family starts for three cultures. During end-of-life scenarios, family starts where their perspective of...

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### Resources for Graduate Family Nursing Education

The resources for graduate family nursing education have been made available by Dr. Donna Curcio as joint resources related to the IFNA Position Statement on Graduate Family Nursing Education. Sample Graduate Family Nursing Program Objective, Graduate Family Nursing Education Self-Assessment Survey. For more information, contact IFNA member Donna Curcio...

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### Use of a "Flipped Classroom" in Undergraduate Family Nursing Education

Sandra Aiguns, RN, MN, is course leader of Family Nursing in the Baccalaureate Degree Program in Nursing at Red River College, Winnipeg, Manitoba, Canada. Florence Burfoot, RN, BSN, is a nursing instructor in Family Nursing at Red River College. With the guidance of retired course leader of Family Nursing, Vikma Schneider, MEd, BSN, RN, they have developed an undergraduate family nursing course using...

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4. Develop your research skills and be engaged in a family nursing research contact one of the co-chairs of the **Research Committee** Kim Mooney-Doyle [kmooney-doyle@umaryland.edu](mailto:kmooney-doyle@umaryland.edu) or Cynthia Danford [danforcc@ccf.org](mailto:danforcc@ccf.org). There are many sub groups in the Research Committee including acute care cluster, policy cluster,

## Family Research Projects



### Family Nursing Research: Video Snapshots of IFNA Members (2019)

At IFNA held in Washington, DC USA in 2019, Dr. Paula Hines and I made a series of IFNA members about their work in family nursing. Several members in graduate family nursing and family health research they are conducting. These short video snapshots are available on the IFNA YouTube Channel. The list of researchers includes Dr. Luke Powell USA, Dr...

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### IFNA Research Clusters

IFNA Research Cluster Summaries updated December 21, 2019. Three research clusters have been organized by the IFNA Research Committee, IFNA Research Cluster: Translational Science in Family Nursing. Members of the IFNA Research Committee identified a need to explore literature related to knowledge transfer and translation in family nursing. The paper is here: [Research that will...](#)

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### Family Synthesis Study Website

The Family Synthesis Study website can be viewed at [http://family.kraftsynthesis.edu](#), on the interaction of family life and childhood chronic conditions and is intended to be of use to practitioners in the care for children with chronic conditions as well as family researchers and educators. Among other things, it includes reference lists for the over 1000 research reports included in their...

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Current call to becomes involved in the [Membership Committee](#)

**This important IFNA Standing Committee has a focus on the growth, retention, and recruitment of members to the Association. Without partnering members, we don't have such a wonderful organisation as IFNA is. Can you help sustain the future of IFNA.**

**For further information or to express your interest contact one of the Co-Chair's Jia Guo – [guojia621@163.com](mailto:guojia621@163.com) or Cheryl Corbett – [Cheryl-Corbett@byu.edu](mailto:Cheryl-Corbett@byu.edu)**

## Blogging for IFNA

IFNA has a blog! Its exciting to read IFNA blogs. The topics are amazing. The voices of Family Nurses are loud. The focus on family health is refreshing. The depth of the resources the blogs open is vast. The

links are wonderful and handy for teaching, scholarship, family and client sharing. The blogs are short easy to read snippets. Overall, the blogs are superb. Has your interest been sparked?

Joel Anderson is a member of the IFNA Communications Committee says "A unique feature about the blog as a social media platform is that it allows for creativity, information gathering and sharing, and expression of ideas in an interactive format without character limits. It really is a new type of publication that has emerged in the era of Web 2.0, in which the Internet and its content becomes interactive and participatory."

Joel's research focuses on support of family caregivers and persons with dementia. He uses social media as one way of examining the family caregiving experience.

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### *IFNA has a blog!*

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There are way too many blogs to list them all so here are a few of the topics covered in the IFNA Blogs.

- [Planetary Health Matters for Families: A Call to Action for Family Nursing](#)
- [Family life and depression in the context of culture and gender](#)
- [Resources for Culture Change in Family Focused Care](#)

Don't worry about not knowing what to say or how to say it. Just share from your experience as a nurse in any topic related to families, family health or engaging with families in nursing practice, education or research. And Joel and the Communications Committee are wonderfully helpful and will help you craft your blog to become better than you dreamt it could be.

To contribute to the IFNA Blog contact Dr. Joel Anderson [jande147@utk.edu](mailto:jande147@utk.edu) or the IFNA Communication Committee through the IFNA Website or connect via Debbie Zaparoni [debbie@internationalfamilynursing.org](mailto:debbie@internationalfamilynursing.org)

## Chapter publications

Coyne, E., Winter, N., Carlini, J., Robertson, J., & Dieperink, K. (2022). Developing video resources to reduce the burden of caring for persons with brain cancer. *European Journal of Oncology Nursing*, 60, 102187. <https://doi.org/10.1016/j.ejon.2022.102187>

Oakley, S., Grealish, L., & Coyne, E. (2020). Telling their story: A qualitative descriptive study of the lived experience of expatriate palliative care nurses in the United Arab Emirates. *European Journal of Oncology Nursing*, 48, 101793. <https://doi.org/https://doi.org/10.1016/j.ejon.2020.101793>

Keramat Kar, M., Whitehead, L., Smith, CM., Seaton, P., Mozhdehipanah, H. (2022). Anticipatory Coping: How Women deal with the Hassles of Living with Multiple Sclerosis. *Disability and Rehabilitation*, 44(3), 449-457. <https://doi.org/10.1080/09638288.2020.1770872>

## Australian and New Zealand Chapter research project

Thank you for your survey responses we are starting preliminary analysis for emerging trends in the data. We have 280 completed surveys so not as much as we hoped for but a good start to understand nurse partnership with family.

The link is still active if you or colleagues wanted to complete the survey. The survey will continue to collect data until March 2023.

“Nurses attitudes toward the importance of families and perceived outcomes of family involvement in nursing care” [FAMinCare]. ([GU: 2021/371]

Participation in the study will involve the completion of an online survey less than 20 minutes.

If you would like to participate in this study, we ask that you read the information sheet at the start of the online survey and complete the online survey.

<https://prodsurvey.rcs.griffith.edu.au/prodls200/index.php/415994?lang=en>

## Join our family nursing chapter.

**Are you a nurse who values working with the family to improve the patients’ health outcomes? A researcher who is exploring the health outcomes for the patient and family?**

Becoming a chapter member provides you with connection to Australian and international family nurses, clinicians, and researchers.

<https://youtu.be/bLHOvxQGlic>

## REASONS why YOU should Become a Member of IFNA

Currently fees for Chapter members NEW IFNA Member - \$75.00 (USD) is 40% off the usual membership fee for a limited time.

<https://protect-au.mimecast.com/s/iUQDC81ZPoh67nkRqInSSZq?domain=internationalfamilynursing.org/> (*about:blank*)

Benefits of joining IFNA

To interact with a global community of nurse scholars and practitioners who care about the health and healing of families.

Develop international friends and mentors.

To attend webinars about family nursing theory, practice, and research

**Don’t forget to connect** with the main International Family Nursing Association and join to access extensive family nursing resources. <https://internationalfamilynursing.org/> (*about:blank*)

International conference for International Family Nursing will be in 2023 June 20 to 23rd in Dublin. Start planning your European holiday!

**SAVE THE DATE**

16<sup>th</sup> International Family Nursing Conference

**Global Innovations in Family Nursing:  
Advancing Family Health**

Dublin City University  
Dublin, Ireland

Ha'Penny Bridge  
Dublin, Ireland

International Family  
Nursing Association

Pre-Conference Workshops  
Tuesday, June 20, 2023

Conference  
Wednesday, June 21, 2023 - Friday, June 23, 2023

Dublin City University, Glasnevin Campus | Dublin, Ireland

**#IFNC16**

Next meeting Wednesday • October 5th , 1100-1200 AEST

[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_ZTc3NGFhNmItYTl4Mi00ZmMzLWlzNTUtN2NlNWFiZWZkZGFh%40thread.v2/0?content=%7b%22id%22%3a%225a7cc8ab-a4dc-4f9b-bf60-66714049ad62%22%2c%22oid%22%3a%222fa526d7-e268-410f-9277-42360c0b3876%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_ZTc3NGFhNmItYTl4Mi00ZmMzLWlzNTUtN2NlNWFiZWZkZGFh%40thread.v2/0?content=%7b%22id%22%3a%225a7cc8ab-a4dc-4f9b-bf60-66714049ad62%22%2c%22oid%22%3a%222fa526d7-e268-410f-9277-42360c0b3876%22%7d)

Written by Dr Lindsay Smith