# Australian New Zealand Chapter IFNA



Newsletter 2 April 2020

#### Chapter news!

There has been little activity in our chapter, although I am sure we all have been very busy with research and teaching. I have had ups and downs of working from home, times when I have been productive and times when just wanted to read a book in the corner.

The promotion of family as a unit of care is a key aspect of promoting family nursing in Aus/ NZ. Lets start by sharing research via the chapter or Twitter to encourage collaboration and increase knowledge of family nursing.

It is now June, we have not really progressed with our Goals for 2020, but I think we can still work to achieve at least part of them.

Great work Mandie Forster leading the International **Network for Child** and Family Centered Care to develop a great project about children's response to Covid-19 using art.

Danish Society for Family Nursing: Maybe one day an Australian one?

http://familiesygepleje.dk/

### Goals for 2020

A <u>collaborative survey</u> of AUS/NZ nurses' attitude to family care Online survey platform Ethics application

Mapping of AUS/NZ curriculum against IFNA competencies, and then send it out for feedback

#### Objectives for Australia and New Zealand Chapter

Enhance and promote family nursing in Australia and New Zealand.

To facilitate and promote family research in Australia and New Zealand.

To develop a strong connection with the International Family Nursing Association for the promotion of family nursing activities internationally.

Demonstrate leadership in addressing the educational needs of nurses in relation to the provision of family-centred care to meet the National Health and Safety priorities.

Provide opportunities for professional networking amongst family focused nurses.

Family Values
Respect
Collaboration
Participation
Information
sharing

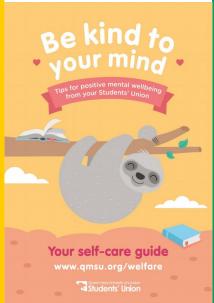


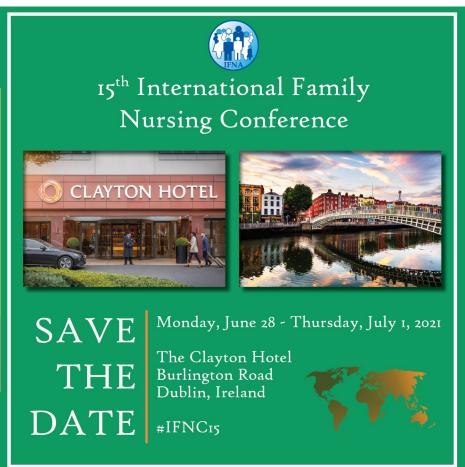




working from home can mess with your head

Covid-19 stay healthy Working from home, how do you manage?





# Interesting publications

## Interesting articles on compassion for nurses

Wright, V., & Pendry, B. (2016). Compassion and its role in the clinical encounter – An argument for compassion training. *Journal of Herbal Medicine*, *6*(4), 198-203. https://doi.org/10.1016/j.hermed.2016.08.004

Hofmeyer, A., Kennedy, K., & Taylor, R. (2020, 2020/04/01/). Contesting the term 'compassion fatigue': Integrating findings from social neuroscience and self-care research. *Collegian*, 27(2), 232-237. <a href="https://doi.org/10.1016/j.colegn.2019.07.001">https://doi.org/10.1016/j.colegn.2019.07.001</a>

#### IFNA statement on Racism and family health.

https://internationalfamilynursing.org/2020/06/02/racism-influences-family-health-familynursing-actions/

I'm not an expert, but I don't think Karen is going to make it.



Florence Nightingale's 200<sup>th</sup> Birthday IFNA webinar

