

**IFNA Minutes
Board of Directors -
Conference Call
February 13, 2020
8:00 – 10:00am EDT**

IFNA BOD Meeting
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The Mission of the International Family Nursing Association (IFNA) is to Transform Family Health by:

1. Serving as a unifying force and voice for family nursing globally;
2. Sharing knowledge, practices, and skills to enhance and nurture family nursing practice; and,
3. Providing family nursing leadership through education, research, scholarship, socialization and collegial exchange on all aspects of family nursing.

Core Values:

The International Family Nursing Association embraces a compassionate family focus on health, social justice, human dignity and respect for all.

Attendees:	Kathy Knafel, Wendy Looman, Veronica Swallow, Jane Lassetter, Sonja Meiers, Lindsay Smith, Petra Brysiewicz, Veronica Lambert, Sandra Eggenberger Staff: Debbie Zaparoni, Beth Kassalen
Unable to Attend:	Cristina Garcia-Vivar, Marie Louise Luttk
Guests:	
Minutes compiled by:	Sandra Eggenberger

Agenda Topic:	Welcome / Announcements Board Engagement (S. Meiers)
Announcements / Acknowledgements/ Discussion:	Connections and Congratulations: Veronica Swallow shared news of becoming grandparent.

Agenda Topic:	Approval of prior minutes (S. Meiers)
Motion to Approve	K. Knafel moved and V. Swallow seconded to approve the IFNA Board meeting minutes.

Agenda Topic:	Financial Board Report (Kathy Knafel) 2020/2021 Budget Approval
Discussion:	As of January 31, 2020, our total assets are \$52,890 as expected. The decrease of \$16,204 since the end of last month is primarily attributable to the expected third installment payment to the Clayton Hotel (\$11,849) and our usual KME management fee (\$8129). We received \$3643 in membership dues. We have two remaining payments to the Clayton Hotel in 2020 (due 7/31 and 11/30), which will total about \$11,849. The projected 2020-2021 budget was reviewed for discussion and approval. <ul style="list-style-type: none"> • Estimation is ending the '21 year in the black with some unknowns of incomes and expenses. • Membership income projections for '20-'21 were reviewed with expectations of status remaining stable. • Partial sponsorships from Dublin City University and Taylor Nursing Institute at Minnesota State University, Mankato have been received.

	<ul style="list-style-type: none"> Year-end '20-'21 estimates appear on track with solid information informing the budget. Board donations continue to be encouraged through the IFNA website. Donations can go to the Association or the Foundation. Association funds can be used for operations while Foundation funds are not used for operations. Board asked questions about ways to donate to IFNA. Board can also choose to donate for upcoming conference. Donations can be made one time, but recurring payments require action from KME. Recurring payments are feasible, but require extra steps. Appreciation was expressed to K. Knafel and D. Zaparoni for preparations of the financial report. <p>S. Meiers emphasized the need to continue working to building up financial reserves going forward.</p> <p>K. Knafel expressed appreciation to D. Zaparoni for negotiations with hotel in Dublin for IFNC15.</p> <p>Jane Lassetter moved to approve the budget. Veronica Swallow seconded the budget for 20-21 as distributed.</p>
Follow up:	KME will investigate ways to create recurring payments.
Person Responsible:	Beth Kassalen and Debbie Zaparoni

Agenda Topic:	Executive Committee Meeting (Sonja Meiers)
Discussion:	<p>Executive committee met and minutes reviewed. Kathy Knafel, Jane Lassetter, Sonja Meiers, Sandra Eggenberger, Veronica Swallow</p> <p>Committee discussed strategies for financial status, such as conference, membership, and income strategies. The overall aim is to keep the membership apprised of the financial status. There is a plan to do a mid-year report to membership. Budget estimates for 2020 were reviewed with the ongoing goal of stability. The treasurer appreciated the executive committee input.</p> <p>Sonja Meiers reported dialogue with the Glen Taylor Nursing Institute for Family and Society about ways to continue collaboration and shared mission. There has been some work on drafting an agreement and proposal that will help both parties meet their shared mission as they move into the next decade. More details to follow with goals of taking actions that address family nursing and share our mission/values.</p> <p>Kathy Knafel expressed appreciation for the Glen Taylor Nursing Institute for Family and Society long-standing support. Jane Lassetter affirmed the value in continued collaboration. Sandra Eggenberger shared need to work together as partners in our mission/vision.</p>
Follow up:	Executive Members (Sonja Meiers, Kathy Knafel, Sandra Eggenberger, Jane Lassetter, and Veronica Swallow).
Person Responsible:	

Agenda Topic:	Proposal to develop a position statement on the Impact of Planetary Health on Family Health (Wendy Looman)
Discussion:	<p>Planetary health position statement committee update:</p> <p>The ad hoc committee developed Draft #1 of the position statement and solicited feedback from key stakeholders (co-chairs of the IFNA Education, Practice, and Research committees and 3 external content experts) from January 16 through February 4 via Google Forms and email. Board liaisons to these committees were copied on requests for input. The BoD was also invited to review and comment on the draft via this form. We received feedback from all three committees and 2 of 3 external content experts. Hester Klopper agreed to review the document and when it is received, her input will be incorporated into a future draft.</p> <p>Summary of feedback:</p> <ol style="list-style-type: none"> All respondents agreed that the statement was consistent with the core values,

	<p>vision, mission, and aims of IFNA, and several commented that the document as a whole was coherent, clear and relevant and that such a position statement is needed.</p> <ol style="list-style-type: none"> 2. Suggestions for minor wording edits and content clarifications were incorporated into Draft #2, including a greater emphasis on mental health consequences of planetary changes and inter-generational transmission of trauma. 3. We did not incorporate a suggestion to add resources and references to support implementation of each of the 9 activities, as the committee felt this would make the document too long, and there is a goal to encourage committees to develop resources for implementation separate from the actual position statement. We also did not incorporate a suggestion to incorporate a theory of social justice as a framework for the position statement, as the committee felt this would make the statement too complex. These ideas would be excellent as guidance for future work on this topic by the organization and IFNA members. 4. Committee chairs identified a number of excellent opportunities for this position statement to guide future work in family nursing research, practice and education. <p>Next steps: Request a motion to distribute Draft #2 to IFNA members for a 30-day comment period (February 17-March 16). The ad hoc committee will incorporate feedback into a final draft for review/approval by the Board at the April meeting.</p> <p>Goal: A goal is approval and distribution of the position statement on Earth Day (Wednesday, April 22, 2020). Appreciation: Gratitude to Wendy Looman for organization and process and strategies. K Knafl moved to approve the position statement processes. Jane Lassetter seconded. Motion carried.</p>
Follow up:	Wendy Looman will communicate with Debbie Zaparoni about next steps to distribution.
Person Responsible:	Wendy Looman and Debbie Zaparoni

Agenda Topic:	Proposed Policy on the promotion of non-IFNA Conferences from the Communications Committee (Sonja Meiers)
Discussion:	<p>Concerns have been expressed by the Communications Committee about direct email communication with IFNA members promoting conferences other than IFNA/IFNC conferences. A proposed policy from the Communications Committee was reviewed by the board. Several points were noted by the board members:</p> <ul style="list-style-type: none"> • particular vehicles of communication (email/listserv) are the main concern • formal agreements that include shared conference promotions could be developed with deliverables in the future, • mutually beneficial outcomes and reciprocal benefits would be needed with shared promotions, • revenue generation for IFNA could occur if we partner with other organizations in conference promotions, • this policy may be too restrictive for the future, • sponsorship, reduced fee to members, within recent years have been shared promotions • any shared promotion would need to forward the missions of both organizations, • collaborations are an important direction going forward
Follow up:	The Board reviewed policy statement followed by a quality discussion and will draft a response soon. Beth will share some additional ideas from other organizations. Sonja Meiers and Beth Kassalen will review and move forward.
Person Responsible:	Beth Kassalen and Sonja Meiers

Agenda Topic:	IFNA Co-chairs Meeting (Sonja Meiers)
Discussion:	Co-Chairs meeting was held with discussions of the terms of reference, financial status and directions. The usefulness in the meetings were noted by co-chairs. The next meeting will be in September 2020.

Agenda Topic:	2020 Year of the Nurse Declaration and Possible Activities
Discussion:	The board created a task force of: Cristina Garcia-Vivar, Petra Brysiewicz, Veronica Swallow, Veronica Lambert and Sonja Meiers and brings to the board a 2020 Year of the Nurse Declaration and strategies. The Board expressed appreciation for the documents. Lindsay Smith suggested adding links to the declaration. Kathy Knafel suggested adding the research focus to the document. Using stories by nurses was also supported by the BOD with consideration for the privacy and ethical processes.
Follow up:	Committee Liaisons will take these documents to the committees for discussion. Board members names will be listed and the declaration posted on the website. K Knafel moved to support the Task force Declaration statement. Veronica Lambert seconded. Motion carried.
Person Responsible:	Board Liaison will take the declaration and strategies to their committee. The Task Force will talk with Communication Committee.

Agenda Topic	Strategic Planning Process Update (Sonja Meiers)
Discussion:	Survey Monkey Strategic planning questionnaire has been distributed to members. Lindsay Smith, Marie Louise Luttk and Kathy Knafel were involved in revising the survey. Survey results will be returned in next couple months.

Agenda Topic:	Awards Committee (Marie Louise Luttk)
Update	Awards Committee has spoken with Norma Krumwiede and reviewed the Terms of Reference; we did not have any comments. The committee needs a new co-chair, we will discuss that in the next meeting which is to be planned. Awards committee seeks information from the Conference Planning Committee as available. A budget will be available for the next Award cycle and Award session. The 20-21 budget includes this line item.

Agenda Topic:	Bylaws Committee
Discussion:	A Thank you / Invitation letter to continue as a member of this committee was sent to the former committee member and an Invitation letter to participate on this committee was sent to a member that had expressed interest in being on the committee. Awaiting confirmations.

Agenda Topic:	Communication Committee (Wendy Looman)
Discussion:	Proposal to renew the IFNA Website Maintenance Agreement <ul style="list-style-type: none"> • Joel Anderson will assume the role of co-chair in September 2020. • Social media engagement continues with regular posts in Twitter, LinkedIn and regular news posts to the website. No recent newsletters – committee is considering best strategies for dissemination of news, possibly alternating traditional newsletter with a “quick hits” list of links that might interest members. • Collaborative work with the Research Committee continues with website updates to research bibliographies by Dr. Kathy Knafel • Janice Bell noted that a distinction needs to be made between promoting conferences through IFNA if the conference is not sponsored by IFNA – proposal for new policy will be forwarded for board approval. • Analytics <ul style="list-style-type: none"> ○ Website reach statistics (reports from Damien): Analytics are posted on IFNA

website under Reach Statistics 2019.

<https://internationalfamilynursing.org/2020/01/15/international-family-nursing-association-ifna-reach-statistics-2019/>

- 2019 has been the biggest year for the website, however the last month has seen a slowdown. Compared to same time last year, the number of users is still up.

2019 IFNA Twitter Analytics

Month	Tweets	Tweet Impressions	Profile Visits	Mentions	New Followers
January	0	32,100	0	0	1
February	4	23,400	35	4	0
March	16	19,600	475	48	2
April	35	20,500	358	39	13
May	16	14,800	271	42	3
June	15	19,400	610	88	6
July	13	13,700	202	39	12
August	54	37,300	816	530	4
September	22	17,100	117	96	6
October	45	25,900	955	55	22
November	43	26,900	148	65	13
December	26	17,500	657	40	11
Total	289	268,200	4644	1046	93

Next meeting is February 20, 2020.

Wendy Looman recommended approval of the website agreement. S Eggenberger seconded. Website agreement approved.

Agenda Topic:	Conference Planning Committee (Veronica Swallow)
Update	The Conference Planning Committee is in process of working on Theme, Goals and Objectives, and a timeline for the Call for Abstracts. Veronica Lambert is working on a grant application. In the process of scheduling standing meetings for this committee. In the next week a new meeting will be scheduled to work on bringing together key conference planning individuals.
Follow up:	Veronica Lambert will connect with the conference planning committee.
Person Responsible:	Veronica Lambert

Agenda Topic:	Education Committee (Sandra Eggenberger)
Update	January 14 th Webinar Developing Family Care and Simulation was well attended with 24 attendees from 8 – 10 countries. The next webinar is scheduled for March 19 on teaching family nursing to psychiatric nurse students. Board liaison, S. Eggenberger shared additional updates: Janice Bell, co-chair of Communications committee met with the Education Committee to discuss roles of Education Committee in creating teaching resources and the website related to education materials. Janice called attention to the Education Committee on their need to update the website related to education. Education Committee members expressed appreciation for bringing this to their awareness and agreed with the need to update materials, documents, and the site. Committee members recognized their responsibilities and the needs, but also acknowledged the time constraints that exist. Following the meeting Janice worked on the Education Committee website. The Committee expressed their appreciation.

	A question was asked about webinar presenter criteria being used by the Committee when securing presenters. At the present time the Education Committee is not aware of policy or criteria being used; beyond the interest to members, appropriate content focused on family, and a willingness to share in a webinar. The value in bringing outside members to IFNA was noted. Colleen Royle will be taking this issue of criteria for offering webinars back to the Committee at their next meeting.
Follow up:	Sandra Eggenberger will share information with Colleen Royle.

Agenda Topic	Membership Committee (Cristina Garcia-Vivar)
Update	<p>Membership Committee meeting last 3rd February had only a few members attending so short session. Committee discussed the experience of the focus groups conducted with students to identify their views on how to improve and motivate new members to join IFNA. However, there were only 2 students in the focus group, therefore the wish is to organize a new focus group. Jyu-Lin will document the experience and contents of the developed focus group.</p> <p>Next meeting will be 23rd March.</p>

Agenda Topic:	Nominating Committee (Lindsay Smith)
Update	<p>The first meeting of this committee is scheduled.</p> <p>Upcoming vacancies – (all eligible for re-election, no person can serve more than 8 years) Secretary S. Eggenberger (2014-2020) (3) BOD C. Garcia-Vivar (2014 – 2020) (Spain), Wendy Looman (USA) and M.L. Luttik (The Netherlands) (3) Nominating Committee J. Guo, L. Whitehead, E. Coyne</p>

Agenda Topic:	Practice Committee (Petra Brysiewicz)
Update	<p>22 January 2020 meeting held. Sub group formed (Maria do Céu Barbieri, Mandy Towell-Barnard, Yuuko Johnson, Petra Brysiewicz) to discuss Terms of Reference document.</p> <p>7 February 2020 – Discussion of 2020 - 2021 Terms of Reference document. A number of points were discussed and amendments suggested– to be finalized with Maria who was unable to attend meeting. Once finalized it will be discussed at next meeting.</p> <p>February 26 - Next Practice Committee meeting.</p>

Agenda Topic:	Research Committee (Veronica Lambert)
Update	<p>IFNA Research Committee Meeting 28/01/2020</p> <ol style="list-style-type: none"> 1. Dyadic research cluster developments are ongoing 2. Mentorship proposal ongoing with 2 questions about how to connect with research group and how to communicate 3. Board's evaluation of the achievement of strategic plan objectives <ul style="list-style-type: none"> o Research Committee expressed surprise and disappointment that co-chairs were not involved in this process o Requested more information regarding the process i.e. what was the process and how was the data gathered to inform the Board's evaluation e.g. sources of data used by Board members to evaluate the achievement of strategic plan objectives as it was felt there were inaccuracies within o Also it was difficult to discern what was specific to education, research, practice

	<p>etc.</p> <ul style="list-style-type: none"> o Co-chairs usually had to prepare a report to the Board but this did not happen last year? <p>Asked as part of discussion if Board Liaison missed meetings (Committee, Board, etc.) can there be someone who is an alternative to attend – this was tabled before?</p> <p>Debbie Zaparoni will check on how to contact the IFNA members with an interest in research so that the research committee could connect with them.</p>
Follow up:	Sonja Meiers will further explore the Research Committee feedback on 2016 – 2019 strategic planning evaluation process.
Person Responsible:	Sonja Meiers

Agenda Topic:	Resource Advancement (Kathy Knaf)
Discussion:	Scheduling a meeting of the Foundation co-chairs, RAC co-chairs and S. Meiers.

Agenda Topic:	IFNA Chapters
Discussion:	<p>Australian New Zealand Chapter This year we will start getting more organized as the group is bigger and more sustainable. Our two goals are</p> <ul style="list-style-type: none"> • A <u>collaborative survey</u> of AUS/NZ nurses' attitude to family care with Online survey platform Ethics application (one approval nation-wide?) • <u>Mapping of AUS/NZ</u> curriculum against IFNA competencies, and then send it out for feedback <p>UK / Ireland Key events since our last report to the BOD:</p> <ol style="list-style-type: none"> 1. National Roundtable Event to promote family nursing and midwifery in UK&I with national leaders held at Sheffield Hallam University 17th Jan 2020 https://www4.shu.ac.uk/mediacentre/sheffield-hallam-hosts-national-nursing-debate 2. Chapter Executive Group meeting on 17th Jan 2020 (after the Roundtable event) <ol style="list-style-type: none"> a. Manuscript in preparation reporting on our recent FINC-NA survey b. Developing Chapter web site in transition from UoL to Sheffield Hallam University c. VS commenced employment at SHU 1st Feb 2020 and establishing a SHU-based Website Working Group to work with the Chapter Executive on preparing the web site for launch d. Invited Blog on family nursing in the UK & Ireland in preparation (VS and AM) for publication in Evidence Based Nursing March 2020 e. Article in development for Nursing Times (led by AM) to raise awareness of Family Nursing in UK&I f. IFNC15 being actively promoted via our networks g. VL establishing local conference planning committee for IFNC15 <p>Next meeting of Chapter Executive Group to take place at Northumbria University, Newcastle upon Tyne, April 22nd</p> <p>The chapters have discussed the need to invite visiting members.</p>

Agenda Topic:	IFNA Foundation (S. Meiers, Ex-officio, non-voting member) Co-chairs of RAC and Foundation have a meeting planned to clarify roles.
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Agenda Topic:	Process Meeting: Possible to move up the items that are quickly reviewed in the prior meeting. The agenda could be started with action items. Designating specific action items would be helpful.
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Reminders

- Nursing Now Campaign

Next Meeting

March 12, 2020 8:00am – 10:00am EST

Appendices Follow

- Committee Co-Chair meeting
- Position Statement on Planetary Health and Family Health
- Executive Committee Meeting Minutes
- Proposed Policy from Communications Committee

International Family Nursing Association Co-Chairs Meeting Notes

January 20, 2020

1000 – 1100 EST

Attendee Co-Chairs:

Awards – Norma Krumwiede
 Communications – Janice Bell
 Conference Planning – Veronica Swallow
 Conference Planning - June Horowitz
 Education – Jilly Bally
 Education - Shelley Spurr
 Membership – Jyu-Lin Chen
 Nominating – Karin Dieperink
 Practice - Yuuko Mabrey Johnson
 Research – Cindy Danford
 Research - Kim Mooney-Doyle
 Resource Advancement – Linda Young
 IFNA BOD –Jane Lasseter
 Convener – Sonja Meiers
 Tentative Agenda
 Agenda Item Item Detail Outcomes

1. Introductions (1000 –

1015) Please share a family nursing responsibility outside of IFNA that gives you joy Intended outcome: Increased familiarity with peers Awards – Norma Krumwiede (mentoring the next generation of family nurses) Communications – Janice Bell (launching IFNA and seeing its fruition 10 years later; JFN 25th anniversary and many IFNA contributors to JFN) Conference Planning – Veronica Swallow (on call and unable to share audio) Conference Planning - June Horowitz (new grandson and 2 year-old grandson) Education – Jilly Bally (new grant focused on improving care for families managing serious illness) Education - Shelley Spurr (teaching family nursing; joyous time together with 18 year old daughter) Membership – Jyu-Lin Chen Nominating – Karin Dieperink

Practice - Yuuko Mabrey Johnson (transitions of family, launching nieces and nephews to college, aging mother, aging 107 year old grandmother, and new people showing up in the family; studying family transitions) Research – Cindy Danford (data collection in current grant with parent-family dyads using event history calendar) Research - Kim Mooney-Doyle (activities and joys of parenting three daughters) Resource Advancement – Linda Young (growth of the family nursing scholar “bench” in the College of Nursing at UW Eau Claire in my role as Dean) IFNA BOD –Jane Lasseter (As Assoc. Dean responsible for FNP program at BYU, highlighting role of family in FNP curriculum and simulation scenarios)

2. Terms of Reference (1015 –

1025) Being distributed to all Co-Chairs for discussion with your Committees The Terms or Reference (TOR) that D. Zaparoni has sent contain the 2018 TOR for your convenience so that you can update the template. Please Provide your committee's updates/edits back D. Zaparoni on or before Friday, February 28th. Intended outcome: Knowledge of goal, process, and timeline for Terms of Reference work by committees Questions about TOR addressed. Relationship between Bylaws and future Strategic Plan explained. No uncertainties shared.

3. Follow up on 2016 – 2019

Strategic Plan Survey

Results Rating scale for 2016 – 2019 Strategic Plan Survey (with items based on 2016 – 2019 Strategic Plan items), completed by current and former Board of Clarified that rating scale was 1 – 5, with 1 meaning least accomplished as a goal, and 5 meaning most accomplished as a goal. In instances where a – is

Directors (BOD) members and current and former BOD Liaisons, reviewed included before the number (e.g. -4.5) this is a dash, not a negative number. Co-chairs were encouraged to review these findings and, review with their committees, to see accomplishments and to use these findings to guide TOR creation for 2020-2021 and future strategic planning processes.

4. IFNC 15 (1025 - 1035) To be held at the Clayton Hotel in Dublin, Ireland, June 28 – July 1, 2021 Intended outcome: Co-Chairs support of Conference Planning Committee (CPC) and ideas for Committee Involvement Conference Planning Co-Chair June Horowitz reported CPC progress, requesting that Co-Chairs consider recommending conference keynote speakers for IFNC15. S. Meiers reviewed the need to focus carefully on budgeting due to required upfront payment schedule for the Clayton Hotel. Kassalen Meetings and Events has negotiated the financial arrangements carefully.

5. Board of Directors

Connections with

Committees (1035 – 1045) Board Liaisons are official connection from Committees to the BOD, ongoing work of Committee is shared with BOD by Liaison and ongoing work of the BOD is shared with the Committee Intended outcome: How can the IFNA Board can best support the work of IFNA Committees? Co-Chairs would like to have specific feedback on documents requested by the BOD (e.g. TOR) after Committees have sent them forward. Co-Chairs appreciate close communication and support from their BOD Liaison. Co-Chairs also appreciate recent thank you letters sent by IFNA President to them. Also, appreciate this first meeting of Co-Chairs of IFNA.

6. IFNA Membership Dues

Increase (1045 – 1050) Recent dues increase to support rising costs Intended outcome: How can increased income support the work of your Committee? S. Meiers explained the process that BOD had used for deliberating dues increased. To date there have been no objections from members about the dues increase, only recognition that the increase seems warranted. Co-Chairs encouraged to think about what funding they might need for future Committee work if funds became available.

7. Future Meetings (1050 –1055) Intended outcome: Is there a desire for regular meetings? How frequently? Co-Chairs recommend annual spring and fall IFNA Co-Chairs meetings. Next meeting tentatively to be held on Tuesday, September 29 at same time of day, while we understand that schedules may change.

8. Call for Nominations (1055-1100) Call will be forthcoming in next several weeks Intended outcome – Co-Chairs begin thinking of nominees to contact Co-Chairs encouraged to think of persons they know that would be effective nominees, being mindful of specifically having representation from across the globe.

9. Other None added Thank you to all Co-Chairs for their time and attention for this meeting; 100% Committee representation is a great accomplishment for IFNA!

Next Meeting

Tuesday, September 29, 2020 at 1000 – 1100 EST (Tentative)

**DRAFT #2: International Family Nursing Association (IFNA)
Position Statement on Planetary Health and Family Health**

Overview

The International Family Nursing Association (IFNA) believes that nurses worldwide should understand how the health of the planet affects families, and family nurses should collaborate to act on this link through education, research and practice.

The purpose of this position statement is:

1. To inform IFNA members, educators, researchers, practitioners, other healthcare professionals, policy makers, and the public of the link between planetary health and family health; and
2. To offer direction and support for family nursing education, research, and practice on the topic of planetary health as it relates to family health.

IFNA Core Values and Mission

IFNA embraces a compassionate family focus on health, social justice, human dignity, and respect for all (IFNA, 2020). These core values inform the mission of the organization, which is to transform family health by serving as a unifying force and voice for family nursing globally; sharing knowledge, practices, and skills to enhance and nurture family nursing practice; and providing family nursing leadership through education, research, scholarship, socialization, and collegial exchange on all aspects of family nursing.

Definitions

Family nursing is the integration of nursing care to both the family as a whole and individual family members, with attention to relationships among members (Denham, 2003; Friedman, Bowden, & Jones, 2003; Wright & Leahey, 2013). *Family health* incorporates the health of the collective and the interaction of the health of the individual with the collective, and reflects an interaction of biopsychosocial and contextual phenomena (IFNA Position Statement on Generalist Competencies). *Planetary health* is focused on characterizing the linkages between human-caused disruptions of earth's natural systems and the resulting impacts on public health (Planetary Health Alliance, 2019).

Background

Changes in the earth's ecosystems and the resulting instability of the earth's climate are affecting human health at an unprecedented rate; these changes require urgent action (Whitmee et al., 2015). Disruptions in planetary health at the global level are affecting air and water quality, food security, and living conditions at the local and global levels (Attademo & Bernardini, 2017; Bell, Phelan, Blett, et al., 2017; Filippelli & Taylor, 2018; Haines, 2016). Understanding and acting on these challenges requires cross-disciplinary and global collaboration (Planetary Health Alliance, 2019).

Family health is significantly impacted by planetary health. The United Nations (2019) highlights that "a healthy environment is both a prerequisite and a foundation for economic prosperity, human health and wellbeing". The effects of urbanization, natural disasters, and climate change on human health are widespread and include increases in rates of acute and chronic health conditions, increasing ranges of vector-borne diseases, food shortages resulting from crop failure, and rising mortality rates due to extreme weather events such as heat waves (Myers, 2017; Whitmee et al., 2015). Local instability in developing countries due to food and water shortages and extreme weather events and disasters is contributing to large-scale human migration (Podesta, 2019). These environmental impacts have important consequences for family health through the interaction of biopsychosocial and contextual phenomena. Physical health impacts include respiratory and cardiac health alterations, malnutrition, increased risk of vector borne diseases, and water borne diseases (Whitmee et al., 2015). Water and food scarcity, extreme weather events, and community displacement increase stress and can lead to mental impacts such as anxiety, depression, and post-traumatic stress disorder as well as increased risk of violence (Myers, 2017). These

impacts may result in abuse and neglect of young and old family members and intimate partner violence, with effects through generations at macro and micro (i.e., epigenetic) levels (Van Wert, Anreiter, Fallon, & Sokolowski, 2019)

Governmental and organizational leaders are responding to these challenges with efforts to build communities of practice in planetary health education, research, and policy (Almada, Golden, Osofsky, & Myers, 2017; Planetary Health Alliance, 2019). Actions to improve conditions for planetary health are not only possible – they are highly cost effective and can have notable effects on human health (Landrigan, Fuller, Acosta et al., 2018; Patz, 2016).

With its focus on characterizing the linkages between the earth's natural systems and public health, a planetary health lens highlights the need for changes in resource use and allocation in order to protect human health in the future. It is important to note that populations most vulnerable to these effects are often those using the least amount of resources and having little power over environmental change in the countries using the most resources. All activities used to support planetary health should be evaluated through an equity lens in order to ensure the health and well-being of all is positively impacted.

POSITION STATEMENT

Given its core values and the organizational mission, and its assertion that the health of the family system and of the family within its environment is the central phenomenon of family nursing care, IFNA has a key role to play in influencing planetary health and recognizing the connection between planetary health and family health. As a global organization, IFNA can take action by reducing our environmental impact and educating our members, other health professionals, the public, and policy-makers about the connection between planetary health and family health.

We believe that using a planetary health lens in family nursing education, research, and practice will positively influence family health. In addition, we believe that actions at an organizational level will also promote family health through minimizing our own negative impact on the environment. Therefore, IFNA upholds the following as essential activities and outcomes for the organization:

1. Educating future nurses about the relevance of planetary health to family health

Pre-licensure and graduate nursing programs should include content on planetary health and the sustainable development goals to raise consciousness within the nursing profession regarding how degradation of planet earth affects human health and strategies to preserve and promote human health (Whitmee et al., 2015; United Nations, 2015). Family nursing educators have a core role in making clear the role of planetary health as an example of biopsychosocial and contextual phenomena that influence family health (IFNA, 2013; IFNA, 2017; IFNA, 2018).

2. Educating members of IFNA about the relevance of planetary health to family nursing

Family nurses must possess fundamental knowledge of planetary health to: understand complex phenomena within families that arise from changes in the earth's ecosystems; apply problem-solving skills to support families' ability to adapt to the ecosystem changes and demonstrate resilience; and achieve outcomes that promote family health. Specific efforts shall be taken by IFNA to educate its members about planetary health through routine communication channels such as newsletters, periodic online educational offerings (e.g., webinars), and content presented at bi-annual conferences.

3. Educating the public about the impact of planetary health on family health

Promoting knowledge of planetary health among the general public will serve to raise awareness of the risks families may face and the planning required to mitigate untoward outcomes. Providing policymakers with information and proposed actions to stem negative outcomes of ecosystem changes resulting from climate change has the potential to curb negative consequences on families facing challenges because of decline in planetary health (Nicholas & Breakey, 2019).

4. Using a planetary health lens in formulating research questions about family health

Family nurse researchers are called upon to develop programs of research that contribute to knowledge regarding relationships between changes in the earth's climate and impacts on family health, interventions that reduce negative sequelae for families, and structural community supports for adaptation and resilience for families facing challenges as a result of declines in planetary health.

5. Contributing to the research agenda for planetary health/human health

Family nurses are called upon to examine upstream prevention efforts and action to mitigate climate phenomena downstream (Leffers & Butterfield, 2018) with the goal of identifying the most promising areas for family nurses to contribute

to adaptation and resilience within families. To address planetary health, a mix of research is needed using a variety of methods including epidemiology, big data analysis, action research, and phenomenology. Family nurses are in a unique position to gain insight through their connections with individuals and families and learn from them as they establish partnerships with communities affected by planetary health.

6. Assessing families through a planetary health lens in family nursing practice

Family nurses in generalist practice must be competent in performing family assessment in the context of planetary health and with attention to the social and contextual factors affected by planetary health that influence health and illness (IFNA, 2015). Family nurses in advanced practice are also called upon to appraise the complex reciprocity among individuals, the family, health, and the environment (IFNA, 2017).

7. Implementing generalist and advanced family nursing practice with a planetary health lens

Family nurses will help families develop their knowledge of planetary health and the actions they can take to reduce the risk of untoward outcomes resulting from changes in the earth's ecosystems (Leffers & Butterfield, 2018) considering the specific needs of family members at various stages in the life cycle (Leyva, Beaman & Davidson, 2017). In advanced family nursing practice, nurses have a responsibility to advocate for equity and justice for families and to promote environments that safeguard the health of families (IFNA, 2017)

8. Minimizing our organization's negative impact on the planet through sustainable practices

A planetary health lens, systems thinking, and strategic communication can help spur meaningful action toward improving planetary health and human health (Stone, Myers & Golden, 2018). Organizational practices by IFNA that reduce our environmental footprint can therefore have downstream impacts on family health. IFNA can commit to sustainable practices such as limiting unnecessary printing, minimizing waste, responsible travel, and holding "green meetings" (Boggia et al., 2018).

9. Collaborating with other organizations to remain actively engaged in advocacy and policy efforts related to planetary health

Active, global engagement with experts, other organizations, and entities on the topic of planetary health and its impact on family health will enable IFNA to realize a compassionate family focus on health, social justice, human dignity, and respect for all.

Conclusion

IFNA maintains that family nursing will become increasingly important as changes in the earth's ecosystems impose unprecedented challenges to families around the world. All nurses should understand principles of planetary health, how changes in the earth's ecosystems affect families, and what nurses can do to promote health, adaptation, and resilience of individuals and family systems.

Resources

- Planetary Health Alliance: <https://www.planetaryhealthalliance.org>
- United Nations Development Programme, Issue Brief on Planetary Health: <https://www.undp.org/content/undp/en/home/librarypage/hiv-aids/issue-brief---planetary-health.html>
- Planetary Health Syllabi: <https://www.planetaryhealthalliance.org/planetary-health-syllabi>
- Sam Myers - Planetary Health: The Future is Now (video): <https://youtu.be/atAU00JWF10>
- Howie Frumkin – What is Planetary Health (video): https://youtu.be/lw_17rhn9eY
- Safeguarding human health in the Anthropocene epoch: report of The Rockefeller Foundation–Lancet Commission on planetary health: <https://www.thelancet.com/commissions/planetary-health>
- Center for Responsible Travel (CREST): <https://www.responsibletravel.org/>
- Global Sustainable Tourism Council: <https://www.gstcouncil.org>

Developed by Wendy Looman, Paula, Nersesian, and Katie Huffling, IFNA *ad hoc* committee for the Position Statement on Planetary Health and Family Health

This draft reflects input from the following key stakeholders:

Jill Bally and Shelley Spurr (co-chairs, IFNA Education Committee); Yuuko Mabrey Johnson and Maria do Céu Barbieri Figueiredo (co-chairs, IFNA Practice Committee); Kim Mooney-Doyle and Cynthia Danford, (co-chairs, IFNA Research Committee); Margarete Zalon and Teddie Potter (content experts).

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President's Letter of Designation

(This letter can be sent to all members in February)

2020 as the “Year of the Nurse and Midwife”.

The World Health Organization (WHO) Executive Board has designated 2020 as the “[Year of the Nurse and Midwife](#),” in honor of the 200th birth anniversary of Florence Nightingale, the founder of modern nursing. The Board of Directors of the International Family Nursing Association (IFNA) declares alliance and support for this designation. Three important initiatives are part of this designation; the [State of the World's Nursing Report](#), [The NursingNow! Campaign](#), and [The Nightingale Challenge](#).

State of the World's Nursing Report

The year 2020 is significant for WHO because nurses and midwives have a significant role in the WHO's 13th General Programme of Work (GPW13) targets. Specifically, these targets are to strengthen universal health coverage, address health emergencies, and promote healthier populations. The WHO is leading the development of the first-ever “State of the World's Nursing” report which will be launched in 2020, prior to the 73rd World Health Assembly. The report will describe the state of the nursing workforce in WHO Member States, and provide an assessment of “fitness for purpose” relative to the GPW13 targets. WHO is also a partner in The State of the World's Midwifery 2020 report, which will be launched around the same time.

NursingNow! Campaign

The NursingNow! Campaign, is a three-year international effort (2018-2020) to improve health globally by raising the status of nursing that will culminate in 2020 by supporting country-level dissemination and policy dialogue around the State of the World's Nursing report.

Nightingale Challenge

The Nightingale Challenge is a related global movement aiming to contribute to the development of the *next generation* of nurses and nurse midwives as leaders. The Nightingale Challenge asks every health employer around the world to dedicate to providing leadership and development training for a group of nurses and midwives during the 2020 Nightingale Challenge.

The Mission of the International Family Nursing Association (IFNA) is to Transform Family Health by:

- Serving as a unifying force and voice for family nursing globally,
- Sharing knowledge, practices, and skills to enhance and nurture family nursing practice; and,

- Providing family nursing leadership through education, research, scholarship, socialization and collegial exchange on all aspects of family nursing.

Core Values of IFNA:

The International Family Nursing Association embraces a compassionate family focus on health, social justice, human dignity and respect for all.

Therefore:

IFNA supports the Year of the Nurse and Midwife 2020 with a goal of [promoting visibility of nurses and nurses working with families around the world](#). IFNA joins the Year of the Nurse and Year of the Midwife Campaign specifically to:

- improve health globally by raising the profile and status of family nurses worldwide;
- raise the profile of the concept of family in nursing and family health in varied global contexts;
- influence policymakers to support family health, and,
- support nurses working with families to lead, learn, and build a global family nursing movement.

We encourage you to think about how you may contribute to promoting the visibility of nurses and nurses working with families around the world during this important year. Several activities are being planned for IFNA members in the next several months so that we can all learn about your contributions. Please stay tuned!

Sincerely,

Sonja J. Meiers, PhD, RN, PHN

President

And the Board of Directors (list names and credentials)

POSSIBLE PLANS FOR IFNA IN THE 2020 INTERNATIONAL YEAR OF THE NURSE AND MIDWIFE CAMPAIGN:

We (Cristina, Petra, Veronica L., Veronica S. and Sonja) are proposing a few activities for IFNA members as opportunities to make family nursing visible worldwide in the next several months. We would like BOD input regarding the following activities [promoting visibility of nurses and nurses working with families around the world](#).

Please think about the following when reviewing the Possible Activities:

- Potential impact
- How realistic it is to accomplish
- Fit with our mission
- What other activities have we not considered?

<u>Possible Activity</u>	<u>Possible Group Responsible</u>	<u>Possible Methods/Suggested Month</u>
Messages from family nurse leaders from across the world talking about what the Year of the Nurse and Midwife Campaign means for family nurses, family health and family nursing.	IFNA BOD; Communications Committee	IFNA Newsletter on Website

Text repository of stories about how family nursing has improved health in different countries.	Practice Committee; Communications Committee	IFNA Website
An IFNA Member Survey asking questions such as, “How do nurses involve families in health care in their countries? What do nurses do to impact family health in their countries?”	Research Committee; Practice Committee; IFNA Policy Leaders; Communications Committee	IFNA website, Twitter blasts with survey link, IFNA Website
A webinar directed to graduate students about leadership and development of family nursing leaders in the context of the Nightingale Challenge.	IFNA BOD Subgroup; Education Committee	Webinar, Website
Family nurse educators in action: What is working to build family nursing capacity across the globe?	Education Committee	Webinar
What is family nursing? What is family (What is currently known?)	Graduate Nursing Group; Research Committee	Literature review
Photo contest of family nurses in action in practice	Practice Committee	Voluntary photo submission
Discuss with Janice Bell what is planned in the Journal of Family Nursing regarding the Year of the Nurse and Year of the Midwife campaign and support that work	Executive Committee of the BOD	Offered editorial ?
<u>IFNA Response to the State of Nursing Report 2020</u>	???	

Proposed Policy for IFNA Communications about Family Nursing Conferences/Workshops

Background: Over the history of the International Family Nursing Association (IFNA), the Communications Committee, has promoted all known family by posting details on the Family Conferences page of the IFNA website: <https://internationalfamilynursing.org/resources-for-family-nursing/family-nursing-links/family-nursing-conferences/>. Direct communication to individual IFNA members has prioritized the International Family Nursing Conferences exclusively. The Communications Committee has not used a direct email to IFNA members to formally promote non-IFNC conferences. Recently, the IFNA BOD authorized the promotion of a non-IFNC conference by direct email to members and that email has been sent.

Rationale:

Investment in time and effort for communication and promotion of IFNC (an IFNA sponsored conference) is an important priority. While we are a collaborative organization, using IFNA resources to promote other organizations and events through direct email represents a confluence of interests and is counterproductive in promoting the mission and vision of IFNA itself.

We believe it is most appropriate that direct email IFNA communication efforts be limited to IFNC conferences only to protect the volunteer time and energy of IFNA Communications Committee and the IFNA office staff, as well as the resources of the organization. Members pay dues to support the work of IFNA, not another organization.

Therefore: the IFNA Communications Committee is proposing the following policy for all IFNA communication about family conferences/workshops:

Policy Statement: Direct email to promote family conferences/workshops will be limited to the International Family Nursing Conference (IFNC) only: <https://internationalfamilynursing.org/2019/11/20/ifnc15/>.

A family conferences/workshop page on the IFNA website will continue to be updated regularly by the IFNA Communications Committee and will prioritize a focus on family nursing and family health conferences across disciplines and sponsoring organizations: <https://internationalfamilynursing.org/resources-for-family-nursing/family-nursing-links/family-nursing-conferences/>.

Individual IFNA members are always welcome to use the IFNA listserv (Email address: international-family-nursing-association@googlegroups.com) to communicate with the IFNA membership, including the promotion of upcoming family nursing or family health conferences/workshops (other than IFNC).

Submitted by:

Janice M. Bell and Joel Anderson, Co-Chairs

IFNA Communications Committee

January 31, 2020

IFNA Minutes Executive Committee Conference Call January 27, 2020 11 – 12:00pm EDT	
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The Mission of the International Family Nursing Association (IFNA) is to Transform Family Health by:

1. Serving as a unifying force and voice for family nursing globally;
2. Sharing knowledge, practices, and skills to enhance and nurture family nursing practice; and,
3. Providing family nursing leadership through education, research, scholarship, socialization and collegial exchange on all aspects of family nursing.

Core Values:

The International Family Nursing Association embraces a compassionate family focus on health, social justice, human dignity and respect for all.

Attendees:	Kathy Knafl, Jane Lassetter, Sonja Meiers, Sandra Eggenberger, Veronica Swallow Staff: Debbie Zaparoni, Beth Kassalen
Minutes compiled by:	Debbie Zaparoni

Agenda Topic:	IFNA Finances
Discussion:	<p>The IFNA Executive Committee met to have a focused discussion and continue the review and evaluation of the IFNA financial projections for 2020.</p> <p>While IFNC15 was a very successful educational event it was not financially successfully. Washington DC was a very expensive destination city. In addition, for IFNC15 (2021) the Clayton hotel requires timed deposits that started in 2019 and will continue through 2020 and into 2021 leading up to the conference.</p> <p>Kathy Knafl provided a summary estimate of income and expenses expected for 2020 (See table below). The expenses are accurate for the KME (Management Company) contract and the deposits due to the Clayton Hotel for IFNC15 (2021). There will be some variation in the operations category. The operations category accounts for expenses such as the Membership/Event management system, Oxford Abstracts, PayPal fees, Website management, marketing and postage.</p> <p>The income estimates could be more variable as IFNA’s primary source of income in a non-</p>

conference year is membership. In addition, from history, the IFNA membership renewals drop significantly in a non-conference. The membership estimates below are equally distributed across 4 quarters. We've estimated a small amount of early conference registrations for late 2020.

The group discussed how to inform the membership of the financial state of IFNA. The group agreed on a mid-year update and a year-end update for 2020.

The group reiterated the importance of the Resource Advancement Committee and their efforts for sponsorship support for IFNC15. Kathy Knafel will reinforce this message back to the RAC. Also the importance of the IFN Foundation and their efforts to contribute to and support IFNA. Sonja Meiers will reiterate the importance of the Foundation at their next meetings later today.

Thus far we have the following support for the conference,

- IFNA has once again received very generous and early support (10k) for IFNC15 from UMN, Mankato and the Glen Taylor Institute for Family and Society.
- Dublin City University has committed 5k Euro, however, we are unsure if this will be in-kind support or a monetary exchange.
- Veronica Lambert, Local Chair, will apply for grant funding through their Health Ministries, deadline is end of February. The grant could award up to 10k Euro.

The group review other opportunities to increase the cash flow for 2020.

- Increase efforts to maximize the membership renewals
- The abstract submission, review and notification process will be facilitated to provide the opportunity for early registrations and increasing membership numbers in the 4th quarter of 2020.
- Promote and encourage early registration
- Promote options for registrants to pay for registration in installments

It was suggested to create a finance committee, that would include representation from other IFNA committees. After discussion, it was agreed to not create a new committee that could perhaps overstretch the volunteer efforts of the committees. It was then agreed that this Executive Committee would serve collectively to acutely review/monitor the association financials over the year.

Follow up:	The Executive Committee of the BOD will schedule a follow up meeting for later in February to continue monitoring / review and how to proceed with messaging the IFNA Membership. Plan for a mid-year and year-end notification to the membership.
Person Responsible:	D. Zaparoni will send a DoodlePoll to Executive Committee to schedule this meeting.

IFNA – Budget Estimates for 2020

Beginning Balance: \$69,094

Quarterly Income and Expenses¹

Quarter	Income	Expenses	Estimated Ending Balance
First	\$9375 (Membership) ²	\$17,500 (KME) \$3700 (operations) \$11,500 (Clayton) TOTAL: \$32,700	\$45,769
Second	\$9375 (Membership)	\$17,500 (KME) \$3700 (Operations) TOTAL: \$18,500	\$36,644
Third	\$9375 (Membership)	\$17,500 (KME) \$3700 (operations) \$5724 (Clayton)	\$19,095

		TOTAL: \$26,924	
Fourth	\$9375 (Membership) \$9500 (Early registration) TOTAL: \$18,875	16,500 (KME) \$3700 (operations) 5724 (Clayton) TOTAL: \$26,924	\$11,046

¹Does not include committed sponsorship money of 10K (additional 5K from Mankato – 5K credited to 2019). Unclear if DCU commitment is in-kind or \$/€

² Estimated 300 membership renewals (drop of about 150 members) at \$125 for \$37,500 total evenly distributed across 4 quarters. Total income from membership renewals would vary as follows:

- 250 renewals - \$31,250
- 350 renewals - \$43,750
- 400 renewals - \$50,000