

ADVANCED PRACTICE FAMILY NURSING SELF ASSESSMENT SURVEY

Based on <i>International Family Nursing Association Advanced Family Nursing Practice Competencies</i>			
	<p><b>Self rating scale:</b>  <b>0= I have neither knowledge nor skill in this area</b>  <b>1= I have minimal knowledge but no experience (novice)</b>  <b>2 = I have minimal knowledge and minimal experience (advanced beginner)</b>  <b>3 = I have adequate knowledge and experience (competent)</b>  <b>4 = I have advanced knowledge and expertise (expert)</b></p>	Pre-course self rating	Post-course self rating
DOMAIN	DESCRIPTORS		
<b>I. Advanced Practice Family Nursing Care</b>			
1. Establishes a relationship with the family for health promotion, disease prevention, and symptom management during complex health transitions.	1. Approaches the family with curiosity and maintains openness to the family needs and responses throughout the nurse-family relationship.		
	2. Promotes co-construction of the family's health beliefs, strengths, challenges, and desired outcomes.		
	3. Promotes family conversations that support the family in defining health goals and outcomes.		
	4. Focuses on family strengths in all health interactions.		
	5. Engages with the family in designing interventions to promote, maintain, and restore the health of the family.		
2. Collects comprehensive data pertinent to the family's health status.	1. Solicits current health and family symptoms, family history, health and genetic history, family structure and functioning, and environmental risk factors affecting health status.		
	2. Integrates data from multiple sources in assessment, including interaction/observation, verbal, non-verbal, and written data.		
	3. Employs family assessment instruments & other inventories as appropriate.		
	4. Explores the family's culture and beliefs to understand their impact on health behaviors and decision-making.		
	5. Identifies family strengths and resilience responses to previous and current acute and chronic illness experiences, stress, and crises.		
	6. Incorporates interventive questioning to facilitate family-nurse conversations and achievement of health goals.		
3. Determines the family's response to health and illness during complex health transitions.	1. Applies knowledge from family nursing and other sciences for clinical reasoning pertaining to health transitions.		
	2. Analyzes comprehensive data about family's background and relationships, health status, and patterns to complex health transitions.		

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	<p>3. Posits how family and individual developmental stages and tasks, cultural/spiritual beliefs and practices, environmental factors, and family resources influence the family response to complex health transitions.</p>		
	<p>4. Appraises the complex reciprocity among individuals, the family, health, and the environment.</p>		
<p>4. Systematically formulates advanced practice family nursing clinical reasoning and judgments.</p>	<p>1. Collaborates with families to set family health behavior change goals and outcomes.</p>		
	<p>2. Facilitates a family-nurse conversation of even the most difficult topics.</p>		
	<p>3. Uses systemic thinking and hypothesizing to extend multiple understandings of the family and expand the focus of family nursing assessments and interventions.</p>		
	<p>4. Integrates research and practice evidence into family nursing interventions.</p>		
	<p>5. Synthesizes how family dynamics, health/illness dynamics, environmental, and health system dynamics impact family care.</p>		
	<p>6. Formulates a tentative plan of care to address identified family health) goals and outcomes in collaboration with the family.</p>		
<p>5. Consistently intervenes <i>with</i> the family in preventing, maintaining and restoring wellbeing during complex health transitions</p>	<p>1. Engages family through in-depth family-nurse conversations to facilitate progress toward family health outcome achievement.</p>		
	<p>2. Incorporates interventive questioning as purposeful interventions with families.</p>		
	<p>3. Co-develops and evaluates family nursing interventions to address complex health transitions with the family involved.</p>		
	<p>4. Strategizes with the family ways to resolve conflicts and reduce harm in areas of family health interactions.</p>		
	<p>5. Ensures safety and quality of care in complex health transitions. .</p>		
	<p>6. Advocates for safe and healthy environments for all families, including reduction of environmental and lifestyle related health risks.</p>		
<p>6. Facilitates the resolution of family responses to complex health transitions.</p>	<p>1. Invites the family to relate their health narrative.</p>		
	<p>2. Clarifies family dynamics that create difficulties in family functioning and facilitates supportive interactions that resolve these difficulties.</p>		

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	<p>3. Identifies and analyzes linkages between a variety of systems levels: individual, family, larger systems and targets interventions for the greatest leverage of change.</p> <p>4. Incorporates affective, cognitive, and behavioral responses of the family in family nursing interventions.</p> <p>5. Addresses with family the resources required to meet family health needs and facilitates the acquisition of these resources.</p> <p>6. Provides feedback to families that focuses on family strengths and competencies during family interactions and evaluations.</p> <p>7. Regularly discusses with the family progress toward family health goals analysis of challenges to goal achievement and invites family feedback.</p> <p>8. Documents plan of care, care provided, family progress and achievement of outcomes, and integration of health, family, and environmental resources.</p>		
<p>7. Actively engages in deliberate family nursing practice.</p>	<p>1. Continuously evaluates and acquires knowledge regarding the consistent performance of APFN.</p> <p>2. Reflects on nurse-family interactions, and evaluates their overall effectiveness regarding progress toward family goals and outcomes.</p> <p>3. Self-mediates family nursing performance by cognitive self-monitoring</p> <p>4. Practices family nursing according to performance standards.</p> <p>5. Deliberately constructs and seeks out family nursing educational situations and personal study to exceed current level of family nursing performance.</p> <p>6. Displays competence in reporting thought processes and critical aspects of family nursing encounters</p> <p>7. Examines the results of family nursing colleagues who solve difficult, complex family nursing problems.</p>		
<p>8. Draws on a formal approach to monitor and evaluate family responses to interventions</p>	<p>1. Provides leadership in inviting family feedback about satisfaction with the nurse-family relationship and family nursing interventions offered.</p> <p>2. Enacts evaluation processes that measure the efficacy of practice to achieving family goals and outcomes.</p>		

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	3. Integrates research and practice evidence into planning family nursing interventions.		
<b>II. Collaboration and Leadership</b>			
1. Collaborates with inter-professional health teams to mobilize resources to support family care provision.	1. Facilitates interdisciplinary health team collaboration in delivery of family care.		
	2. Refers family to other health care professionals and community resources.		
	3. Provides consultation to enhance quality and cost-effective services for families and to effect change in organizational systems.		
	4. Seeks consultation to enhance one's own advanced family nursing practice.		
	5. Shares with other providers (with family permission) details of care to allow continuity of care.		
	6. Mentors other nurses and other health care providers in family health promotion and intervention.		
2. Champions family health care at the larger systems levels	1. Leads and participates in the planning, development, and implementation of organization, public and community health programs and policy related to family health.		
	2. Fosters an organizational culture of continuous inter-professional education, practice, research, and policy development for family care.		
	3. Utilizes available information systems and technologies to improve family healthcare outcomes.		
	4. Provides mentorship, coaching and education to support interdisciplinary team members in improving family nursing care outcomes.		
	5. Creates and sustains a shared vision for family nursing in varied practice systems.		
	6. Sets and maintains standards for cultural and linguistic competence in providing safe and effective care to families.		
	7. Works within multiple systems to eliminate practices that may harm families and violate their fundamental rights.		
	8. Assumes leadership in legislative and social policy development related to family health and family rights.		
	9. Uses technology/informatics/social media to promote family nursing knowledge and make family nursing more visible.		
<b>III. Evidence-based family nursing</b>			

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<p>1. Develops research and integrates practice-based evidence into APFN practice care provided to families.</p>	<p>1. Leads and facilitates nurses in the design, implementation, and evaluation of care of the family based on family nursing and other scientific knowledge .</p>		
	<p>2. Develops models of family nursing care delivery, standards of family care, educational programs to facilitate the growth of nurses and health</p>		
	<p>3. Maintains a solid foundation in evidence based practice and research to provide safe and competent care to families.</p>		
	<p>4. Designs and implements family nursing research to facilitate study of family health and illness phenomena and outcomes.</p>		
	<p>5. Takes a systematic approach to evaluating quality of care and family nursing interventions through research.</p>		
<p><b>IV. Professional responsibility and accountability</b></p>			
<p>1. Provides leadership in ethical conduct in the care of families at the systems level</p>	<p>1. Interprets principles from professional ethical codes to analyze ethical problems and resolve moral dilemmas in the provision of family health care.</p>		
	<p>2. Advocates at all systems level for the rights of families for equity, justice, and solidarity as the basis for access to care for all families and the provision of quality family care.</p>		
	<p>3. Sets and maintains standards for cultural sensitivity and linguistic competence for safe and effective care of families.</p>		
	<p>4. Promotes community environments that safeguard the health of families.</p>		
	<p>5. Seeks to understand the impact of race, class gender, sexual orientation, religion and national origin on families and family nursing .</p>		
	<p>6. Establishes and upholds standards of professional accountability in nursing practice, research, education and management.</p>		
<p>2. Engages in reflective practice with families</p>	<p>1. Commits to self-reflective evaluation of care with each family to determine personal beliefs, biases, and areas of needed growth or change.</p>		
	<p>2. Continuously identifies personal beliefs, values, attitudes, and judgments; as well as strengths and limitations regarding responses to families.</p>		
	<p>3. Shows willingness to challenge one's own beliefs.</p>		

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	<p><b>4. Adopts a world view that acknowledges multiple realities and the legitimacy of family beliefs, particularly those the nurse may not embrace or agree with.</b></p>		
	<p><b>5. Seeks feedback from families and colleagues on one's own practice with families.</b></p>		
	<p><b>6. Redirects responses to families as a result of self-reflection.</b></p>		
	<p><b>7. Engages in professional development activities to improve family nursing practice.</b></p>		